

DR DATHU RAO MEMORIAL CHARITABLE TRUST



ANNUAL REPORT  
2020 – 2021

“PATHWAY”

CENTRE FOR REHABILITATION & EDUCATION  
OF INTELLECTUAL DISABLED

E-76/1, 12th West Street, Kamaraj Nagar, Thiruvannamipur, Chennai – 600 041

Tel : 044 - 2448 8366

[www.pathway.org.in](http://www.pathway.org.in)

## FROM THE CO-FOUNDER-HON.DIRECTOR'S DESK



As every year there has never been a month or year which we haven't ushered and welcomed in our lives. But 2020-2021 has been an exclusive year of COVID-19 war zone arena where every living being irrespective of nationality, age, creed community has been forced to fight this deadly virus. Overnight the plight of so many families has changed forever. With the entrance of this new deadly comer the world's economic and social disruption is visible and people are at risk of falling into extreme poverty which further has affected their health and medical issues. This chain of disaster has also led to people losing their livelihood.

We at Pathway feel very blessed of escaping this wrath during this financial period where all our staff and children and supporters have been safe. Its nothing short of a miracle to be alive and and be in a position to help needy people around us. I take this opportunity to thank our greatest long standing supporters who not only have stood besides us but have immediately responded to this crisis by sending in more funds to enable us to do our mite.

I personally need to thank some of our most committed staff during this challenging period who wasted no time and jumped into the arena without giving a thought to their safety and life to help reach out groceries, masks, sanitizers, medical aids, to more than 2000 families day in and day out during the lockdown period lasting around 7 months. My grateful respects and gratitude to these very fine people whom I would like to mention are- Mrs Indra Achutan-PRO, Kannan our driver, Megha our Farm and Sabin Manager and finally our principal of Pamela Martinez School - Mr Annadurai. They have made sure that no child or staff under are care have been subjected to any hardships. Total medical care, provisions , masks, stationery and counselling was done round the clock and visits included meeting them at their doorsteps. It was heartening to note that there were umpteen number of people all over the world praying and fasting for us though facing the same challenges like us.

We are indeed grateful for all those souls and every well wisher who stood by our side. Because of the lock-down many events have been postponed indefinitely. We are grateful to have been blessed with courage, strength, and above all with mercy of God to overcome these daunting challenges.

It is also our desire to magnify our endeavor to serve many more "poorest of the poor" through our outreach program in remote villages. This academic year we had partnered with RMD Hospice group for serving two panchayats thereby helping more than 1000 families till June month. This also includes our staunch support to the Chennai and Kancheepuram districts to help around 1300 families. During the lockdown period we reached to many remote areas around our farm and helped more than 700 families along with providing provisions to more than 150 PWD at rural area and 1600 families in urban areas. At this juncture I convey our continued gratitude to all our partners and benefactors and pray for their continued love, munificence, and association.



We are indeed very grateful to Sabin Foundation, Mr Gary and Valerie Sabin, Mr Eric Otteson, A Brighter Path – Mr Alex and Mrs Pamela Martinez, Judge William Sheffield, Mr and Mrs William P Benac, Mr Bill Benac Jr, Mr Time Fewkes, Mr BJ Butel and Mr John-Luc Butel, Drawing & Sponserhip Emmaus, Mr Jim and Karen Dossdall, Mr Michael Ang and family, Mr Jim and Gemie Martin, Mr Keyne Monson who continue to support us. My most sincere and grateful thanks is also due to the grants received by the State Govt of TamilNadu, which includes Chennai and Kancheepuram district as well the Govt of India who have strengthened our hands and are an integral part of our work .Our most dedicated staff continue to intensify their efforts and serve more of His children with renewed zeal and enthusiasm. As member of the editorial board, I earnestly hope that you enjoy reading this annual report.

## ORGANIZATION BOARD

Pathway has a clearly defined Memorandum and Articles of Association which directs the working of the organisation. This society has a distinguished Board of Trustees

### DR DATHU RAO MEMORIAL CHARITABLE TRUST ORGANIZATION – BOARD

- ❖ The board members meet at least four times a year to transact the business of the organization and meets every year to conduct the Annual General Body meeting to review the work of the organization and resolve various important issues, including: Acceptance and passage of yearly budget

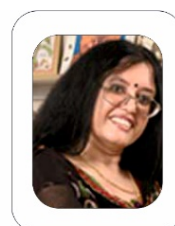
- ❖ Reviews of audit accounts and balance sheet , Appointment of auditors and lawyer



DHULI PATNAIK  
PRESIDENT



ABHIJEET PAREKH  
VICE PRESIDENT



CHANDRA PRASAD  
GEN SECRETARY



SANTHANAGOPAL ACHUTAN  
TREASURER

- ❖ Election of officers, Long-range planning and development goals of the centres



SHANTH JAIN  
TRUSTEE



M A RAMAR  
TRUSTEE



DR K N JAYALAKSHMI  
TRUSTEE



USHA RAMMOHAN  
TRUSTEE

- ❖ Offers general direction in the everyday operation of the organization.



R SUNDAR  
TRUSTEE

*Note : Dr Ravi Pradhan resigned due to medical conditions and Mr R Sundar-Chartered Accountant was inducted .*

## ORGANIZATION - GOVERNANCE

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### BOARD OF TRUSTEES

MRS. DHULI PATNAIK  
PRESIDENT

MR. ABHIJEET PAREKH  
VICE-PRESIDENT

MRS. CHANDRA PRASAD  
GENERAL SECRETARY

MR. SANTHANAGOPALAN ACHUTAN  
TREASURER

### EXECUTIVE MEMBERS

Mr. M A RAMAR

MR. SHANTH K JAIN

MRS USHA RAMMOHAN

### GENERAL BODY MEMBERS

DR JAYALAKSHMI

MR R SUNDAR

### AUDITOR

SRIDHAR KRISHNAMURTHY  
& ASSOCIATES



Pathway is run under the auspices of Dr. Dathu Rao Memorial Charitable Trust a Registered Society under the Tamil Nadu Societies Registration Act.

- ❖ Recognized by the office of the Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare).
- ❖ The organization receives an annual grant-in-aid from the Ministry of Social Justice and Empowerment, Government of India.
- ❖ The organization receives grant in aid from the office of Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare) for the project “Pathway -Sabin Home for persons with Mental Retardation and Associated Conditions”
- ❖ Pathway is monitored and audited yearly by independent parties to ensure proper implementation of all finances and governance.

## RECOGNITION AND GRANT-IN-AID

- ❖ Ministry of Social Justice and Empowerment, Government of India
- ❖ Office of the State Commissioner for the Differently Abled, Government of TN
- ❖ Department of Social Welfare as a recognized Orphanage.

## REGISTRATION AND PERMISSION

- ❖ Director of Exemptions, Dept. of Income Tax, Govt. of India, Nungambakkam, Chennai U/S 80G of the Income Tax Act.
- ❖ Ministry of Home Affairs under the Foreign Contribution Regulation Act, Government of India, New Delhi
- ❖ Registered with The National Trust for Autism, under section 12(4) of the Act for the welfare of persons with Autism, Cerebral Palsy, Multiple Disabilities and Mental Retardation, Government of India, New Delhi
- ❖ Registered under Section 53 of Justice Juvenile Act, 2015, Dept of Social Defense, Govt of TN
- ❖ Registered under Section 34(3) of Juvenile Justice (Care and Protection of Children) Act 2000, amended in 2006 and rules therein., The State Govt/Director of Social Welfare-Child Welfare .
- ❖ Registrar of Societies (South), Govt. of Tamil Nadu, Chennai
- ❖ Registered with Department of Social welfare, Govt of Tamil Nadu under Orphanages and other Charitable homes supervision and control act 1960
- ❖ Registered with Department of Social Welfare, govt. of Tamil Nadu under section 51(2) of the Rights of the Persons with Disability Act, 2016
- ❖ Registered under TN Recognized Private Schools (Regulations) Act, 1973 and Rules 1974
- ❖ Registered with Directorate of Matriculation Schools, Govt of Tamil Nadu
- ❖ Registered under FSS Act 2006, Govt of Tamil Nadu
- ❖ Registered under NGO-Darpan Portal of NITI AAYOG, Govt of India

The details of each registration is given below

### ❖ **CERTIFICATE OF RECOGNITION- CHENNAI**

Recognised by **Commissioner For Welfare Of The Differently Abled, Chennai** As Special School Cum Vocational Training Centre For The Intellectual Disabled For The Period **07.04.2020 To 06.04.2023** For Classes Adl Group I & II, Educable, Educable & Trainable, Trainable.

### ❖ **CERTIFICATE OF REGISTRATION- CHENNAI**

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### ❖ **CERTIFICATE OF REGISTRATION UNDER JJ ACT -Chennai**

This Certificate of Registration is awarded to **PATHWAY CHILDREN HOME, Dr. Dathu Rao Memorial Charitable Trust, E-76/1, 12<sup>th</sup> West Street, Kamaraj Nagar, Thiruvannamiyur, Chennai-600041** as an institution for children in need of care and protection vide **S.No.1060/DSD/2017** under section 41(1) of the Juvenile Justice (Care and Protection of Children) Act, 2015 from the date **15.09.2017 to 15.09.2022**

### ❖ **CERTIFICATE OF REGISTRATION-CHENNAI** **FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA**

This is valid till 08.02.2022

### ❖ **CERTIFICATE OF REGISTRATION-PATHWAY-SABIN** **CHENGALPATTU**

Registration is renewed to “**SABIN/ PATHWAY HOME FOR PERSONS WITH INTELLECTUAL DISABILITY AND ASSOCIATED CONDITIONS – REHABILITATION CENTRE, No.125, Agili Village, Maduranthagam Taluk, Kancheepuram District, S.No.244/5A – 685.0,12.70** as an institution for the persons with Disabilities vide **S.No.315/ 2019** under Section 51 (2) of the Rights of Persons with Disabilities Act, 2016 to run a **Home & Vocational Training Centre For Intellectually Disabled** which is valid from **01.09.2018 to 31.08.2021**.

### ❖ **CERTIFICATE OF REGISTRATION UNDER JJ ACT -PAMELA** **MARTINEZ/PATHWAY MATRICULATION SCHOOL CHILDREN'S** **HOME**

This Certificate of Registration renewal is awarded to – **PAMELA MARTINEZ PATHWAY MATRICULATION SCHOOL CHILDREN'S HOME, (Dr. Dathu Rao Memorial Charitable Trust) Agili Village, Sendivakkam post, Madhuranthagam Taluk, Kancheepuram District- 603319 of Tamil Nadu** as an institution for children in need of care and protection vide **SI.No.1285/DSD/2020** under section 41(1) of the Juvenile Justice (Care and Protection of Children) Act 2015, therein valid from **29.01.2020 to 29.01.2025**

### ❖ **CERTIFICATE OF REGISTRATION UNDER DEPT OF SCHOOL** **EDUCATION- PAMELA MARTINEZ/PATHWAY MATRICULATION** **SCHOOL CHILDREN'S HOME**

This Certificate of Recognition renewal is awarded to – **PAMELA MARTINEZ PATHWAY MATRICULATION SCHOOL CHILDREN'S HOME, (Dr. Dathu Rao Memorial Charitable Trust) Agili Village, Sendivakkam post, Madhuranthagam Taluk, Kancheepuram District- 603319 of Tamil Nadu STATE Government under RTE ACT 2009 and Tamilnadu Government Rules 2011- SI No. 10112/B7/ therein valid from 01.09.2018 to 31.08.2021**



## "HAVE THE POOR HELP THE POOR"

Pathway began in 1975 with just two children in a small, rented house in Chennai, India.

Dr. A D S N Prasad, an Audiologist and Speech Pathologist, sought to fill the void existing in the care and rehabilitation of mentally retarded children. From these humble beginnings grew an organization that has served almost 40,000 children and adults in a city center and two in rural agricultural centre.

Prasad guides Pathway with the belief that

**"EVERY INDIVIDUAL SHOULD BE GIVEN THE OPPORTUNITY TO UTILIZE THEIR POTENTIAL IN ORDER TO LIVE WITH DIGNITY AND SELF-RESPECT, REGARDLESS OF MENTAL OR PHYSICAL LIMITATIONS."**

Pathway is a voluntary, charitable, nonprofit and non - governmental organization which serves children and adults without any bias to religion, caste, creed, or any other consideration.





# PATHWAY

**CENTRE FOR REHABILITATION & EDUCATION  
OF THE INTELLECTUAL DISABLED**



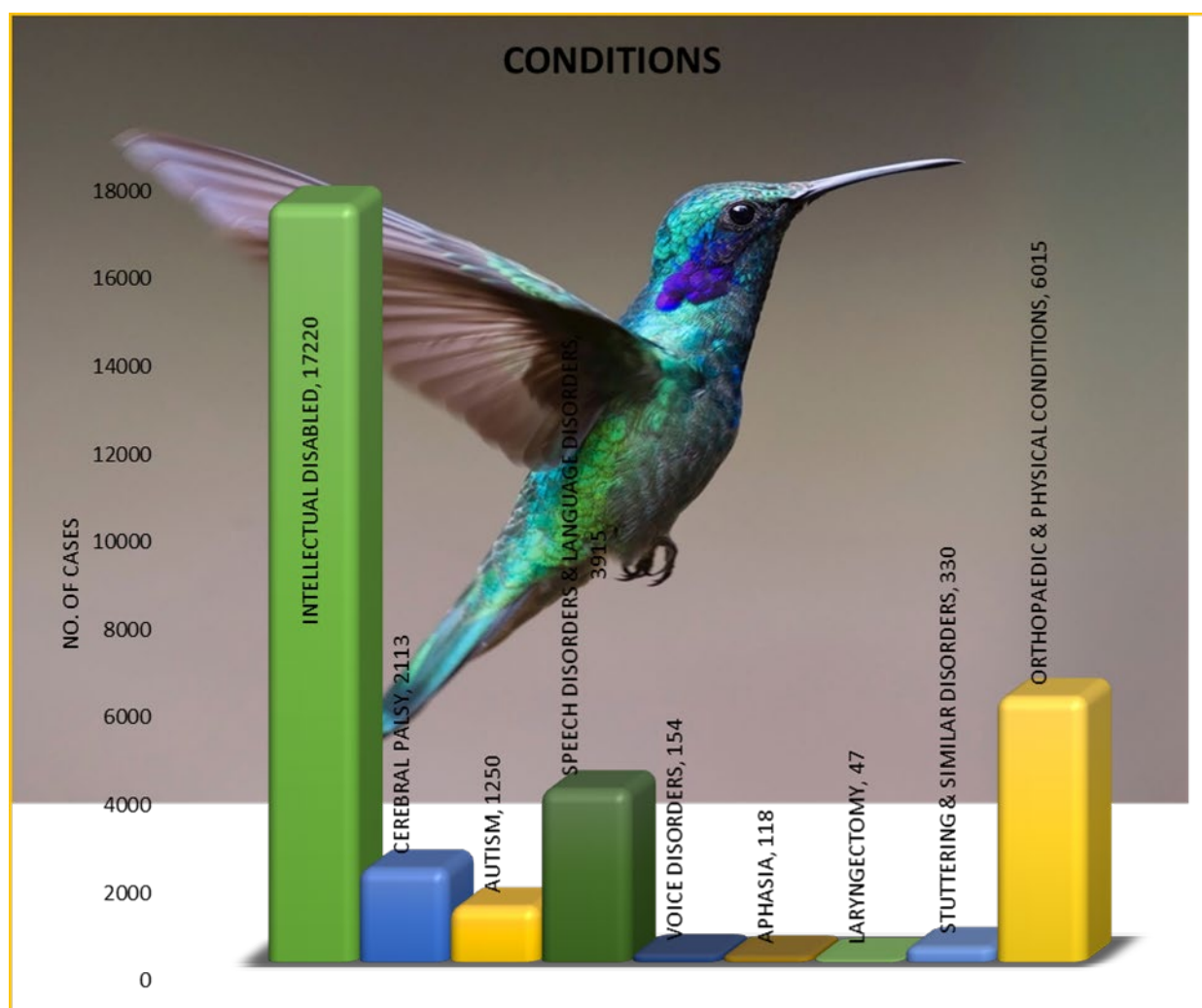
**SPEECH  
PATHOLOGIST AND  
AUDIOLOGIST  
CON. PSYCHIATRIST  
SURGEON  
YOGA INSTRUCTOR  
PSYCHOLOGIST  
CREATIVE DRAMA  
AND ART  
THERAPIST  
PEDIATRICIAN**

**PATHWAY'S  
TEAM OF  
SPECIALISTS  
INCLUDES**

**PHYSIOTHERAPIST  
OCCUPATIONAL  
THERAPIST  
SPECIAL  
EDUCATORS  
DENTISTS  
NUTRITIONIST  
VOCATIONAL  
INSTRUCTOR  
CON. NEUROLOGIST  
PHYSICIANS etc**

CONDITION	NO. OF CASES
INTELLECTUALLY DISABLED	17220
CEREBRAL PALSY	2113
AUTISM	1250
SPEECH DISORDERS & LANGUAGE DISORDERS	3915
VOICE DISORDERS	154
APHASIA	118
LARYNGECTOMY	47
STUTTERING & SIMILAR DISORDERS	330
ORTHOPAEDIC & PHYSICAL CONDITIONS	6015

**FROM THE YEAR 1989 TO 2021**





World Health Organisation has defined Disability as- :

*'Disability is an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations. Disability is thus not just a health problem. It is a complex phenomenon, reflecting the interaction between features of a person's body and features of the society in which he or she lives. Overcoming the difficulties faced by people with disabilities requires interventions to remove environmental and social barriers'.*

The NSO, a wing of the Ministry of Statistics and Programme Implementation, has conducted a Survey of Persons with Disabilities during July 2018 to December 2018 as a part of 76th round of National Sample Survey (NSS). Prior to this, the survey on the same subject was carried out by the NSO during the 58th round (July-December 2002). "In India, prevalence of disability (percentage of persons with disability in the population) was 2.2 per cent - with 2.3 per cent in rural and 2 per cent in urban areas. Prevalence of disability was higher among males than females," it said. Among males, prevalence of disability was 2.4 per cent, while it was 1.9 per cent among females, it added.

As per Census 2011, in India, out of the 121 Cr population, about 2.68 Cr persons are 'disabled' which is 2.21% of the total population. In an era where 'inclusive development' is being emphasised as the right path towards sustainable development, focussed initiatives for the welfare of disabled persons are essential. This emphasizes the need for strengthening disability statistics in the Country. There are ample reasons for developing a sound national disability statistics. Information on their socio - demographic profile is essential for welfare of disabled persons. Information about their functional status is important to identify needs since two individuals with the same impairment may face different types of difficulties in undertaking certain activities, and so have different needs that require different kinds of interventions. Functional status data is essential for determining the broader social needs of persons with disabilities, such as provision of assistive technology for use in employment or education or broader policy and laws. Population disability data is essential for monitoring the quality and outcomes of policies for persons with disabilities. In particular, these data help to identify policy outcomes that maximize the participation of persons with disabilities in all areas of social life from transportation and communication, to participation in community life. Finally, with complete and reliable disability statistics, state agencies will have the tools for assessing the cost-effectiveness of policies for persons with disabilities, which in turn can provide the evidence to persuade governments of their ultimate benefit for all citizens. The National Policy for Persons with Disabilities (2006) recognizes that Persons with Disabilities are valuable human resource for the country and seeks to create an environment that provides equal opportunities, protection of their rights and full People with disabilities are vulnerable because of the many barriers we face: attitudinal, physical, and financial. Addressing these barriers is within our reach and we have a moral duty to do so..... But most important, addressing these barriers will unlock the potential of so many people with so much to contribute to the world. Governments everywhere can no longer overlook the hundreds of millions of people with disabilities who are denied access to health, rehabilitation, support, education, and employment—and never get the chance to shine. Stephen Hawking participation in society. To facilitate the national objective, there is a need for collection, compilation and analysis of data on disability. A number of International commitments and guidelines came into effect in the recent past targeting the welfare of the disabled persons. India is a signatory to the 'Declaration on the Full Participation and Equality of People with Disabilities in the Asia Pacific Region' (2000). India has ratified the 'UN Convention on the rights of Persons with Disabilities' (2008). India is also a signatory to the 'Biwako Millennium Framework '(2002) for action towards



an inclusive, barrier free and rights based society. The ‘Biwako Plus Five (2007): further efforts towards an inclusive, barrier-free and rights-based society for persons with disabilities in Asia and the Pacific’ added the emphasis. The Incheon Strategy to “Make the Right Real” for Persons with Disabilities in Asia and the Pacific (2012) provides the Asian and Pacific region and the world with the first set of regionally agreed disability inclusive development Goals. The Incheon strategy will enable to track progress towards improving the quality of life, and the fulfilment of the rights, of the region’s persons with disability. The Sustainable Development Goals (2015) pledges for ‘leaving no one behind’. Recognizing that the dignity of the human being is fundamental, the SDGs wish to see the Goals and targets met for all nations and peoples and for all segments of society and to endeavour to reach the furthest behind first. The implementation and monitoring of these international commitments demand sound database of disabled persons.

Pathway has continued to successfully place many rehabilitated children and adults in workshops and small businesses and provides employment within its own centers.

More than 31,024 Intellectually Disabled children have been served by Pathway

- ❖ 50% are considered “trainable”
- ❖ 35% have been placed in sheltered workshops and small businesses
- ❖ 10-15% are profoundly retarded

This unit caters to all disabled children regardless of their abilities and limitations. Each child is properly and comprehensively assessed with special educational tools. Base line scores are established for progress measurement. Parameters include:

- ❖ Intelligence
- ❖ Level of performance
- ❖ Specific behavioral problems
- ❖ Social integration

Data is used to formulate individual educational needs and programs. Once children have been thoroughly tested, they are classified according to degree of disability, and placed in the appropriate educational course for optimal rehabilitation.

CHILD ASSESSMENT CLASSIFICATIONS	SPECIAL EDUCATION CLASSES
<b>PROFOUND</b>	ACTIVITIES OF DAILY LIVING I
<b>SEVERE</b>	ACTIVITIES OF DAILY LIVING II
<b>MODERATE</b>	TRAINABLE GROUP I
<b>MILD</b>	TRAINABLE GROUP II
<b>BORDERLINE</b>	EDUCABLE-TRAINABLE GROUP I
	EDUCABLE-TRAINABLE GROUP II
	EDUCABLE GROUP I
	EDUCABLE GROUP II
	PRE-VOCATIONAL GROUP
	VOCATIONAL TRAINING

## HOMEBOUND PROGRAM and ONLINE CLASSES

In addition to comprehensive care at its centers, Pathway has developed an outreach program that enables a child's therapy to continue at home. We have started going digital and serving many by way of doing video calls and helping to ease the parents or caregivers queries and acting as an emotional support too. This unique program was created to address the following needs:

- ❖ Pathway attracts many children from different parts of India
- ❖ These children need a place to live while receiving treatment at Pathway.
- ❖ No facility in India has the means or capacity to house every child in its care.

### How it works:

- ❖ A parent or family representative is trained by a rehabilitation expert at the center with specific therapies for their child
- ❖ The parent give treatment to the child in their home
- ❖ The child must visit a Pathway center once every three months to be examined and monitored by an expert

### Benefits:

- ❖ The family becomes involved in the child's care
- ❖ Family members attain a high level of proficiency in therapeutic treatment
- ❖ Housing costs are reduced for both the families and Pathway
- ❖ More children throughout India can be treated by Pathway professionals
- ❖ In 2020-2021 a total of 117 children participated in the Homebound Program

## CHILDREN'S CARE EMMAUS

The purpose of The Children's Care Emmaus association (IN THEIR OWN WORDS) mainly is inspired by the motto: "Serve the most needy first". It makes no distinctions between confessional, political or other views and has the purpose:

- a) To help children in difficult circumstances mentally, spiritually and materially and to allow them school attendance or professional education;
- b) To realize in this sense own aid projects and to promote existing diverse projects of development cooperation (sponsorships, family aid, building projects, project sponsorships, health and hygiene programs etc.);
- c) To cooperate with other local, national or international organizations with similar purposes.

It has been a great blessing that Pathway has been continuously receiving support from Children's Care Emmaus, Berne. Currently 20 children are being sponsored by the above esteemed organization. All the children are disabled. While some of them are destitute, the others are below poverty level. The money received is used for their physical, mental and spiritual development, informal clothes, healthy nutrition, medical care, adequate supervision, school attendance, school supplies and school uniforms etc.. This year we also received additional money to help a family to set up a dairy project which would enable him to start his livelihood. We are indeed so grateful for this fine gesture. We are proud to be associated by this wonderful supporter.

## VOCATIONAL JOB TRAINING & PLACEMENT

Pathway realizes the importance of training since it is the process of imparting knowledge, skills and aptitude to perform desired job. A well planned and well executed training program can provide the following advantages:

It helps in improving the level of performance and hence results in higher productivity.

Uniformity of work methods and procedures helps to improve the quality of product or service

A systematic training program reduces the cost and time drawn in learning.

Good training helps in economical use of materials and machinery.

- It reduces supervision.
- It lowers the rate of accidents.
- It boosts the morale of employees to perform the task/job efficiently.



One of the key factors in helping people build self-esteem and self-sufficiency is having a job and earning an income. Pathway recognizes the unique challenges of training intellectually and physically disabled children and adults with skills that will qualify them for some type of rudimentary employment. As such, they have developed a comprehensive vocational program that includes several levels of training and development, as well as internal income-generating activities and outside job placement.

Pre-vocational training includes utilizing teaching aids developed by the Pathway vocational staff, as no standardized tools exist in the ready market. These aids are specially designed to meet specific learning disabilities, determined by extensive testing and evaluation of each child.

All children above age 14 are evaluated for trainability, and taught key values necessary for successful integration and job placement:

- TIME MANAGEMENT
- HYGIENE
- SOCIAL INTERACTION
- RESPONSIBILITY
- AGE-APPROPRIATE BEHAVIOR
- HEALTHY SENSE OF COMPETITION
- CLEANLINESS –PERSONAL AND ENVIRONMENTAL

Pathway also requires each child to contribute to the cleaning and maintenance of each center. It is the goal of the organization to replace as many “normal” workers with the disabled in various household functions. These activities provide “on the job” training for many children. Additionally, the pre-Vocational Training methodology takes into consideration several aspects of a given task, such as:

TYPE OF JOB

PHYSICAL ENERGIES REQUIRED FOR A SPECIFIC JOB

MASTERING A PARTICULAR SKILL

TYPE OF VOCATION	NO. OF TRAINEES
WEAVING	25
GREETING CARD: HANDMADE	10
JEWELLERY MAKING /PAPER MACHE	15
SPECIAL ARTIFACT WITH BEADS	15
BAKING	10
MAKING OF PRESENTATION ITEMS	15
GARDENING	12
SELLING VARIOUS PRODUCE	4
PACKAGING	2
HELPERS	6
CLEANING & BOOK BINDING	5

## THE DAIRY DREAM PROJECT

### Supported by Kinderhilfe-Emmaus



In many countries particularly in India, the contributions of people with intellectual disabilities are not valued. Their talents, skills, and potential remain largely untapped, under-utilized, and under-estimated. While their employment rate is very low, they have higher than-normal living expenses; hence, they are one of the most impoverished groups in India. Poverty is a consequence of disability

since people with disabilities often lack access to education, health, services and income-generating



activities: they are often denied their human, social and economic rights. PWDs face serious barriers in getting employment. They also face social and psychological barriers – ignorance, myths, criticism, stereotyping and misconceptions about their capacities, non- acceptance by the peer groups, fear and low self- esteem. Denied access to education and training program is a major challenge that needs to be resolved. It is necessary to overcome the crisis and to understand the requirement and condition of a person with disability and work towards providing support for their livelihood and ensure a life of dignity for them. Livelihood is the sum of ways and means by which individuals make and sustain a living. PWDs participation in economic activity is necessary not only for sustenance or for the basic survival but also to contribute to one's self- esteem and enhancing self- fulfilment. PWDs need to be able to learn about life skills and obtain employment which they can physically access and work at despite their disability.

Our own experience made us realize that we have to create opportunities to facilitate their social and economic inclusion for that we are taking a step to initiate a focused livelihood program to enhance the life of people with disability. It is valuable to invest in the disabled people by setting up a dairy production unit and selling the dairy farm by- products like milk, curd and ghee. The main aim of creating this opportunity is to manifest their potential and thereby to find fulfilment of life through socio-economic rehabilitation to achieve by them on their own merit and to live independent and meaningful life.

## OBJECTIVES

To create a permanent income source by selling dairy products that support the person with disability and contribute to their work to live independently.

To strengthen their commitment and yield more effective and sustainable results.

To provide equal opportunity, empowerment and social security to participate in all aspects of life.

To create an opportunity for the person with disability to live self- sustainable.

To ensure person with disability voice to be heard and to gain control in their own lives and to reduce vulnerability and to increase their self-resilience.

## LIVELIHOOD DEVELOPMENT FOR THE PERSON WITH DISABILITY THROUGH DAIRY PRODUCTION UNIT

The large number of people living with disability live in rural areas, as per the 2011 census 75% of people with disabilities living in rural villages and their main livelihood source is agriculture. Most of the disabled people are already engaged in farming and have interest in agricultural activities. Farming and agricultural training have been one of the most useful trainings and has huge potential in enhancing the livelihood for the person with disability. Dairy farming provides an excellent opportunity for self - employment for the person with disability. It is an important source of income. Since agriculture is seasonal, we can earn throughout the year through dairy farming. Dairy farm by - products is a profitable business and it creates a good opportunity for a good source of livelihood. To encourage self- employment among the person with disability we are taking a step forward to sell the by-products from our dairy farm as well as to approach the local community to supply milk and to process and produce **Ghee, Curd and Paneer** which can also be a part of commercial dairy farming. Through this livelihood program person with disability will enhance their social status and provide wages, they will become productive members in their family and it will increase their self-esteem and promote their individual growth.

## KALIYAPPAN AND PEOPLE LIVING WITH DISABILITIES



Kaliyappan is twenty-two years old. He has mild intellectual disability. He lives in a remote area in a rural environment devoid of basic amenities. He has studied in a normal school but later dropped out since he was unable to cope up because of his behavioral problem and epileptic seizures. He stayed at home most of the time and was

not on good terms with his father and it always ends with a misunderstanding. Without proper care his situation grew worse and he became a burden to his family. At a very young age he faced physical, attitudinal and financial barriers because of the vulnerable background. Above everything no one supported him in such a situation. Finally he found his place in sristi foundation an organization for empowering person with disabilities. At first he found it difficult to adapt to the community but later little by little he showed interest in farming and he learnt skills like soil preparation, planting, crop treatment, preparation and use of compost, handling and storing crops, collecting and storing seeds and now at a very young age he is a well-trained farmer. He works with dedication and a sense of responsibility in growing plants. He leads and give instructions to his fellow members. Through two years of training, he developed his self-confidence and leadership. Slowly he started to involve in dairy farming activities as it was easy for him to handle and manage the cows and he got graduated in our organization. Five of our community members are also getting training in dairy farming for the past two years and Kaliyappan is leading the team. He has proved to the people who rejected him because of disability that his success is based on the special skills he acquired. He has proved that by working hard having the right mindset and being determined, you can achieve what you want to, whether you have disability or not. With our support under Kaliyappan's guidance along with five persons with disability this project will help them to stand independently, give confidence and inspires us and make us understand that disability is not a barrier it's a step to success. His willingness and capability inspire us and motivate us to take charge to change their lives and to create opportunities to make their lives better.

We found this wonderful special young adult to support him this venture and decided to set up a dairy project with munificent help from Kinderlife- Emmaus to set up this practical, meaningful and productive project of which the details have been outlined as follows -

### GHEE PRODUCTION and PROGRESS:

Dairy farming provides an excellent opportunity for self -



employment for the person with disability. It is an important source of income. Since agriculture is seasonal, we can earn throughout the year through dairy farming. Dairy farm by-products is a profitable business and it creates a good opportunity for a good source of livelihood. To encourage self-employment among the person with disability we are taking a step forward to sell the by-products from our dairy farm as well as to approach the local community to supply milk and to process and produce **Ghee** which can also be a part of commercial dairy farming. Through this livelihood program person with disability will enhance their social status and provide wages, they will become productive members in their family and it will increase their self-esteem and promote their individual growth.



This report documents the successful completion of implementing Ghee Production Unit. T

### INAUGURATION OF GHEE PRODUCTION UNIT

On 24 February 2021 we have inaugurated Ghee Production Unit. The Unit was inaugurated by Ms. Chandra Prasad (Honorary Director, Pathway India)



### GHEE PRODUCTION: Brief Summary

**Project:** Enabling sustainable livelihood development for the person with disability through dairy processing project.

**Our goal:** To create an opportunity for the person with disability by selling dairy products to live self-sustainable and to ensure person with disability voice to be heard and to gain control in their own lives and to reduce vulnerability and to increase their self-resilience.

**Project Duration:** From December 2020 to

March 2021

No of Beneficiaries jointly helped: 15 numbers

Total Budget: Rs. 2,20,360/-

Project funded by: Kinderhilfe-Emmaus

Project area: Konamangalam Village, Tindivanam Taluk, Villupuram District, Tamil Nadu -604 304

### BENEFICIARIES

#### *Adult with intellectual and developmental disabilities living rural villages.- GANTT CHART*

Task	December 2020	January 2021	February 2021	March 2021	Status
Procurement of Equipment:					Completed
Purchasing of Milch animals					Completed
Project initiation					Completed
Monitoring and Evaluation					Ongoing





Kaliyappan is twenty-two years old. He was born with mild intellectual disability. He lived in a remote area in a rural environment devoid of basic amenities. He works with



dedication and a sense of responsibility in growing plants. He leads and give instructions to his fellow members. Through two years of training, he developed his self-confidence and leadership. Slowly he started to involve in dairy farming activities as it was easy for him to handle and manage the cows and he got graduated in our organization. Five of our community members are also getting training in dairy farming for the past two years and Kaliyappan is leading the team.

With our support this project helps five people with disabilities along with the guidance of Kaliyappan to stand independently and get benefited. Currently, they are actively involved in the preparation of making ghee, packaging samples and providing samples to the public for the quality check.

### WORD OF THANKS

The project successfully implemented by fulfilling all of the initial objectives. This would bring a substantial improvement in the quality of life for the community members. In a few years, person with disability will enhance their social status and provide wages, they will become productive members in their family and it will increase their self- esteem and promote their individual growth. We wholeheartedly thank Kinderhilfe-Emmaus, for their continuous support and valuable contribution for a life changing project.

## AUTISM AWARENESS DAY 2020

World Autism Awareness Day makes people understand and accept people with autism, foster worldwide support and inspire people. It is a day that spread kindness and autism awareness. Autism is a developmental disorder and people with ASD are characterised by difficulties with social interaction and by restricted and repetitive behaviour. The problem is associated with a combination of environmental and genetic factors.

This year, World Autism Awareness Day is being observed amid the coronavirus pandemic, which has spread to over 150 countries and killed thousands of people globally.





The theme for World Autism Awareness Day this year is “The Transition to Adulthood”. When we grow, the society expects us to become a participant in the social, economic and political life of our community. However, people with autism face challenges in doing so. There are not many schools or institutes for an autistic person and as a result of which they fail to keep pace with this fast-moving world.

The theme for this year focuses on issues related to the transition to adulthood. It draws attention to the importance of participation in youth culture, decision making and making them independent by providing access to post-secondary education and employment.

UN Secretary-General’s message "On World Autism Day, we recognize and celebrate the rights of persons with autism. This year’s observance takes place in the midst of a public health crisis unlike any other in our lifetimes — a crisis that places persons with autism at disproportionate risk as a result of the coronavirus and its impact on society”.

Further, he stated “Persons with autism have the right to self-determination, independence and autonomy, as well as the right to education and employment on an equal basis with others. But the breakdown of vital support systems and networks as a result of COVID-19 exacerbates the obstacles that persons with autism face in exercising these rights. We must ensure that a prolonged disruption caused by the emergency does not result in rollbacks of the rights that persons with autism and their representative organizations have worked so hard to advance”. Regarding this above mentioned event was given importance by our staff and children who tried to spread awareness of the same. A parents meet online was held to highlight about the meaning and the term Autism. To mark this wonderful day competitions were held in drawing which is shown above.

## WORLD ENVIRONMENT DAY 2020



World Environment Day 2020 is observed on June 5 every year. The day was first observed in 1974 in the city of Spokane in the USA to raise awareness about the importance of protecting the environment.

World Environment Day is an occasion to think about how we are a part of nature and how intimately and unequivocally we depend on it for survival. Every year, there is a specific theme for the World Environment Day.



**The theme for World Environment Day 2020 is biodiversity** -- a concern that is both urgent and existential. According to the United Nations organization, the theme was selected due to the "Recent events, from bushfires in Brazil, the United States, and Australia to locust infestations across East Africa - and now, a global disease pandemic - demonstrate the interdependence of humans and the webs of life, in which they exist." World Environment Day is hosted by a different country. And this year, the host is Colombia.

The environment in which we live can be understood as a blanket that keeps life on the

planet safe and sound. It plays a vital role in keeping living things healthy. It provides food, shelter, air, and fulfils all the human needs. Likewise, it maintains the ecological balance on earth.

The whole life support of humans depends solely on environmental factors. Without environment we cannot imagine life on this planet. But today, when there has been a lot of technological development in the world, the environment in which we are living is becoming increasingly contaminated.

Therefore, to spread awareness and to make people understand that they have a role to play in preventing the loss of biodiversity and preserving nature for our future. World Environment Day is celebrated every year.

Robert Swan once said, "The greatest threat to our planet is the belief that someone else will save it." And we need to listen closely.

The first major conference on environmental issues was held in the year 1972 from June 5-16 in Stockholm (Sweden). Later that year, on December 15, the General Assembly adopted a resolution designating June 5 as World Environment Day. In 1974, the first World Environment Day was celebrated.

Since then, World Environment Day is celebrated every year on June 5, engaging governments, businesses, celebrities and citizens to focus their efforts on a pressing environmental issue.

"Men argue. Nature acts." -

Voltaire

Every year, on this day, people usually go out to the field to plant saplings and other various





events are organised. But this year, as people are confined to the four walls of their homes due to Covid-19 coronavirus pandemic, the World Environment Day celebration would be different. Amidst the lockdown, instead of going out, people can promote the day and raise awareness through online activities. Here at Pathway children and staff jointly with children and parents promoted the world environment day by way of different activities in form of drawings, messages, story narrations etc. A few pictures have been depicted here.

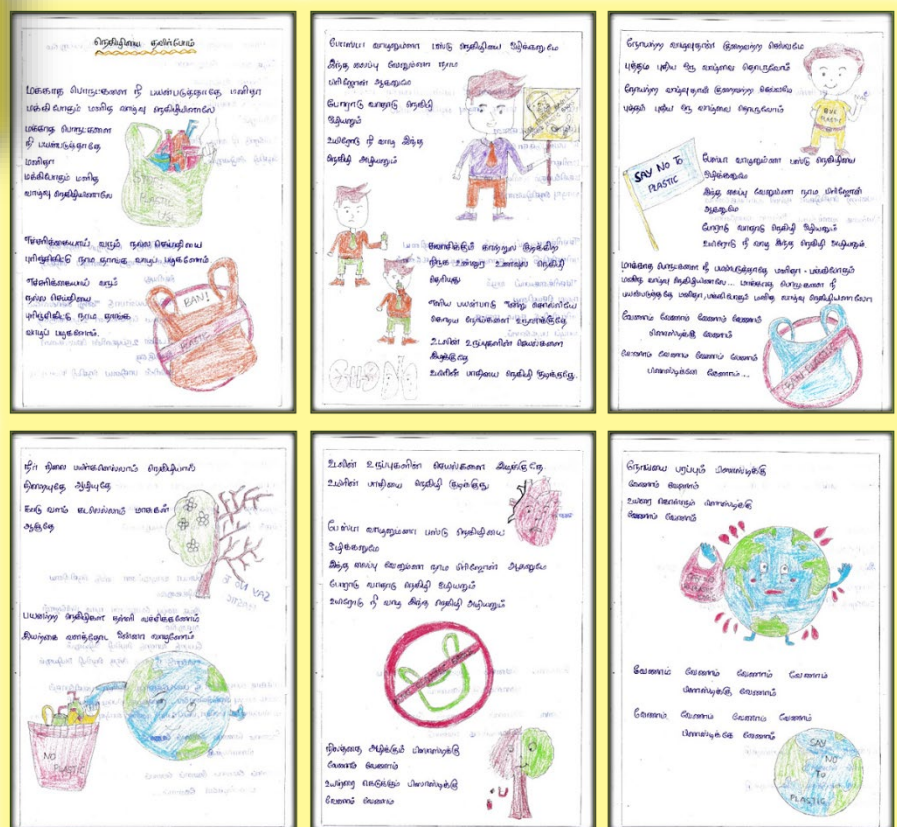
With the emergence of coronavirus, it has become very clear that when we destroy biodiversity, we destroy the system that supports human life. Biodiversity is the foundation that all living things on the Earth are connected to, and changing or removing even one element of this web can drastically affect the entire life system and can produce severe negative consequences.

## PLASTIC AWARENESS



International Plastic Bag Free Day is observed all around the world on **July 3** of every year. International Plastic Bag Free Day emphasis on the **plastic bag free world** and spreads the awareness about the devastating effects of plastics on the environment. On this day support and outspread the alternatives for single-use plastic bags such as recyclable bags, cloth bags, canvas bags and a lot more, which may help in saving the environment and animals. Many organizations and thousands of responsible citizens are working together to raise awareness on the impact of plastics bags and

encourages the use of other **eco-friendly bags**. To make a plastic bag free world, it is essential to teach public about the effects of throwing plastic into the environment and must help to change their behaviour. It not possible to clean all the plastic pollution in the world until a permanent solution is implemented for the issue. It is in the hands of each and everyone on the globe to make plastic bag free society possible.



Plastic in any form or of any quality is harmful to health, period. In a perfect world you would want to avoid exposure to all forms of plastic. Considering plastic lurks in every nook and corner of our lives, banishing it completely seems unrealistic and impractical. But we can start with more awareness about the little ways with which we can reduce our exposure to plastic. This can go a long way in reducing toxicity, hormonal imbalance, cancer, infertility, PCOS, obesity and acidosis.

As the world's population continues to grow, so does the amount of garbage that people produce. On-the-go lifestyles require easily disposable products, such as soda cans or bottles of water. Still, the accumulation of these products has led to increasing amounts of plastic pollution around the world. As plastic is composed of major toxic pollutants, it has the potential to cause significant harm to the environment in the form of air, water, and land pollution.

Simply put, plastic pollution occurs when plastic has gathered in an area and has begun to negatively impact the natural environment and create problems for plants, wildlife, and even the human population. Often this includes killing plant life and posing dangers to local animals. Plastic is an incredibly useful material, but it is also made from toxic compounds known to cause illness, and since it is meant for durability, it is not biodegradable.

We at Pathway reflected on this seriously and decided to train our kids online on the advantages and disadvantages of use of plastic in our daily life. We tried teaching them through a skit in form of drawings for easy understanding. Tools like mime and songs were used too.



## PM CARES FUND

Keeping in mind the need for having a dedicated fund with the primary objective of dealing with any kind of emergency or distress situation, like posed by the COVID-19 pandemic, and to provide relief to the affected, a public charitable trust under the name of 'Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund (PM CARES Fund)' has been set up. PM CARES Fund has been registered as a Public Charitable Trust. **The trust deed of PM CARES Fund** has been registered under the Registration Act, 1908 at New Delhi on 27th March, 2020.



We as citizens of India are proud to proclaim that in the event of Covid-19 pandemic our staff has shown its integrity and strength. Even with some of them earning meagre salaries they have proudly parted with their hard earned money to support their suffering fellowmen. We definitely have to salute some of our Intellectually Disabled employees who were more than willing to part with 50% of their salaries to help total strangers. Their innocent and loving hearts is something we need to learn more from.. total sum of Rs 50000/- (Rs Fifty thousand only ) was collected and sent to the PM CARE FUND. We proudly present the receipt below.

	
<b>PAN : AAETP3993P</b>	<b>Date : 13-04-2020</b>
<b>Receipt No : PMCARES/SBIC/ALLAH20104519259</b>	
<b>Dear DR DATHU RAO MEMORIAL CHARITABLE TRUST</b>	
<b>Thank you very much for contributing to PM CARES Fund.</b>	
Prime Minister Shri Narendra Modi expresses his gratitude for the thoughtful and compassionate gesture on your part. The valuable contribution will greatly help India in fighting distress situations like COVID-19.	
<b>Under Secretary PM CARES Fund</b>	
Received with thanks from: <b>DR DATHU RAO MEMORIAL CHARITABLE TRUST</b>	
Donation made to the PM CARES Fund through NEFT mode of bank (IFSC ALLA0211975).	
The sum of <b>INR 50,000.00 (Rupees Fifty Thousands Only)</b>	
(Contributions to PM CARES Fund have been notified for 100% deduction from Taxable Income under Section 80G of Income Tax Act, 1961)	
<b>Prime Minister's Office, New Delhi</b>	

To my readers I would like to elaborate on the objective of this particular fund .

The objectives are-

To undertake and support relief or assistance of any kind relating to a public health emergency or any other kind of emergency, calamity or distress, either man-made or natural, including the creation or upgradation of healthcare or pharmaceutical facilities, other necessary infrastructure, funding relevant research or any other type of support. To render financial assistance, provide grants of payments of money or take such other steps as may be deemed necessary by the Board of Trustees to the affected population. To undertake any other activity, which is not inconsistent with the above Objectives.

The Constitution of the Trust-

Prime Minister is the ex-officio Chairman of the PM CARES Fund and Minister of Defence, Minister of Home Affairs and Minister of Finance, Government of India are ex-officio Trustees of the Fund.

The Chairperson of the Board of Trustees (Prime Minister) shall have the power to nominate three trustees to the Board of Trustees who shall be eminent persons in the field of research, health, science, social work, law, public administration and philanthropy. Any person appointed a Trustee shall act in a pro bono capacity.

Other details :

The fund consists entirely of voluntary contributions from individuals/organizations and does not get any budgetary support. The fund will be utilised in meeting the objectives as stated above.

Donations to PM CARES Fund would qualify for 80G benefits for 100% exemption under the Income Tax Act, 1961.

Donations to PM CARES Fund will also qualify to be counted as Corporate

PM CARES Fund has also got exemption under the FCRA and a separate account for receiving foreign donations has been opened. This enables PM CARES Fund to accept donations and contributions from individuals and organizations based in foreign countries. This is consistent with respect to Prime Minister's National Relief Fund (PMNRF). PMNRF has also received foreign contributions as a public trust since 2011.

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## PATHWAY JOINDS HANDS TO HELP IN THE FACE OF COVID-19 THROUGH TAMIL NADU STATE GOVERNMENT MACHINERY









## SOME OF OUR STAFF WHO NEEDED DIRE HELP IN TERMS OF FOOD-

We salute them because they had already pledged a part of their salary to help others. We are blessed to have a wonderful, dedicated and humane staff





## DISTRIBUTION OF ESSENTIALS AND PROVISIONS DURING THE PANDEMIC PERIOD- our stalwarts- INDIRA ACHUTAN -(PRO) AND KANNAN -(DRIVER)





It is with greatest pride we acknowledge the selfless efforts of two of our ground staff who risked their lives to provide relief to thousands of families. We are indeed very grateful and proud to be associated with such wonderful souls. Day in day of these two have gone round in different locations, crossing difficult terrains to see that none of the families listed down for support were left out of the support. Numerous phone calls and endless visits ensured that each family was tracked down to ensure delivering the relief package. The sweltering heat, and long hours didn't deter them. Every day they started their rounds with new zeal since the smiles of the families had etched in their hearts and the value of this true service motivated them much more.

With full pride and humility I would like to share their achievements in below picture format

## COMMUNITY BASED RELIEF WORK AT SRISTI VILLAGE

*Pathway has always believed in helping those in need and sharing its resources to those in absolute need of. One such organization we came up to help was Sristi village in Villipuram. We wanted to help in any way possible since more than 50 Intellectually disabled kids are housed there and funds were at total low at this juncture.*

Due to the COVID-19 pandemic and subsequent lockdown in India, people all over the country are facing hardships. COVID-19 has not just evoked fear but has also caused depression, anxiety and hunger affecting the social fabric of the community. Many of Sristi Foundation day-care children families were facing challenges to fulfil their basic needs; most of them are daily wage earners, who have no means of income to feed their children.

*The generosity of our donors has allowed us to help them for a period of over three months which allowed us to supply survival packs (consisting of rice, dry provisions, hand sanitizers and face masks) We were also able to provide medicines and medical care for the below mentioned special children.*

In his letter the director of Sristi- Karthik Ganesan said-

*We Sristi Foundation are so thankful to Dr. Chandra Prasad, co-founder and honorary director of PATHWAY INDIA for placing trust on us. Words are not enough to say how honoured and proud we are to collaborate with esteemed Pathway India. We ensure that our services will be up to your expectation.*







*The beneficiaries were provided with provisions and medical care. Telephonic parent counselling, Physiotherapy sessions, Speech therapy sessions, Social distancing rules has been provided too. Following are some pictures to accentuate the work done.*





## UPLIFTING THE LEAST OF THE LEAST



We at Pathway decided to do a lift different this Christmas season. With Covid-19 still going strong we felt the need to support more people who were in need of food and the basic essentials. After scouting we found a neighbourhood known as Semmencherry close to us who were in dire need of the above. It is situated in Chennai district, located south of the city about 18 km from the city centre, along the Old Mahabalipuram Road, Rajiv Gandhi Salai. Semmencherry is located between Sholinganallur and Navalur. Perumbakkam, one of the largest slum 'rehabilitation' projects in the world



With first COVID case reported in Chennai's slum tenements, people are in danger of contracting the disease in a cramped environment. The reasons for relocation were given as removal of unhygienic and insanitary conditions prevailing in slums, for improved living conditions of slum dwellers and for the promotion of public health, according to the Tamil Nadu Slum Areas (Improvement and Clearance) Act. However, bad turned worse as many dwellers in the resettlement sites across the city lost their jobs, like Vimala, or were forced to travel long distances every day to the city to earn a living. Now the COVID-19 lockdown has exposed bigger problems with the relocation. Besides going broke and surviving on rice gruel. Being approached by Community of Disabled Rights Details which has been in existence from last six years led by Mr S Maan Kumar Association President has been helping the transformational disabled people without getting any money or material.



Pathway decided to provide some relief by way of providing essential groceries worth Rs.1000 each for 60 needy families. We are just glad that we could be a tiny part of support at this crucial juncture for them. Our reward was the smiles which spoke a thousand words. Thousands who were relocated to remote areas



after last year's floods have a tough time finding jobs and accessing basic infrastructure.

In the months following the December 2015 floods that devastated the city, thousands of families — who in official parlance were encroachers — were sent away from their homes to remote areas. While they were being packed off in crowded trucks, many left with fear and uncertainty about how they would fend for themselves in a new area, even while a few hoped that the permanent houses assigned to them would symbolise a new beginning.

According to official statistics, 2,151 families from slums were relocated to the Tamil Nadu Slum Clearance Board (TNSCB) tenements in Perumbakkam, over 1,715 to houses in Ezhil Nagar and 193 to Gudapakkam. These include families affected by various civic projects as well as slum dwellers living on objectionable land. The loss of income and livelihood has had an impact on various aspects of life. The report also pointed out that in Perumbakkam, 15 per cent of men and 19 per cent of women of the flood-affected families lost employment immediately after relocation. In Ezhil Nagar, 11 per cent of men and 18 per cent women of the flood-affected families lost their jobs mainly because of the increased distance they had to travel for work and inadequate transportation.

## OTHER COVID RELIEF ACTIVITIES



Apart from sending monetary help to every child under our care from the start of Covid-19 in March 2020 till date we have also spread our help to the District Child Welfare committee in a small way. The centre has donated masks made by our children and medical masks along with sanitisers. This also includes helping the Govt RMD hospital where we donated bread, biscuits and masks along with sanitisers. We aim to do more with the help



of our great supporters and dedicated staff.

## 2020 THEME: "YOGA FOR HEALTH - YOGA AT HOME"

June 21, also called summer solstice, is the longest day of the year. Therefore, it was decided that the International Yoga Day would be celebrated on this day. The year of 2020 has been unprecedented for more than one reason. Right from the start of the decade, with the Covid-19 outbreak, fire outbreaks, airplane crashes, locust swarms and cyclones, the last six months have been tough. The pandemic has shown us the importance of immunity and healthy living. Yoga is something that brings these qualities together.

Every year, June 21 is recognised as International Yoga Day but due to social distancing measures adopted by most countries, the theme set by United Nations for this year is "Yoga for Health – Yoga at Home". The World Health Organization mentions yoga as a means to improve health in its Global Action Plan on Physical Activity 2018–2030: More active people for a healthier world.

## Importance of Yoga

Practiced in India since the 5th century, Yoga has been beneficial in keeping the body and mind in sound health. A holistic approach, Yoga targets all the different systems of the body and mind. It is said that the asanas make the body strong and flexible, as health improves; the mind too is renewed with confidence. The practice of Pranayama regulates the purification of the internal system and the



organs, acting as a superior and able supplement to asanas. The energy that is generated in the body through these physical practices is then channeled into meditation or Dhyana for stability, peace and calm. While the social distancing measures adopted by countries to fight the COVID-19 pandemic have shut down yoga studios and other communal spaces, yoga practitioners have turned to home practice and online yoga resources. Yoga is a powerful tool to deal with the stress of uncertainty and isolation, as well as to maintain physical well-being.

World Health Organization recommends that adults and older age group people should do at least 150 minutes to 300 minutes of moderate-intensity aerobic physical activity throughout the week or do at least 75 to 150 minutes of vigorous intensity aerobic physical activity throughout the week, or an equivalent combination of moderate- and vigorous-intensity activity for substantial health benefits. The challenge of maintaining the physical activity recommendations is multi fold during the COVID-19 pandemic when the social distancing norms need to be followed and advice is to stay at home. There are various modalities of physical activity which can be performed and recommended even in this unprecedented and challenging times such as walking even in small spaces, dancing, yoga, home based exercises, playing with children, and performing domestic chores such as cleaning and gardening are other means to stay active at home.

The Yoga is India's ancient tradition and is more than a physical activity. Yoga is essentially a spiritual discipline based on subtle science, which focuses on bringing harmony between mind and body. The word 'Yoga' is derived from the Sanskrit root 'Yuj', meaning 'to join' or 'to yoke' or 'to



unite'. The proven benefits of yoga include increased flexibility and fitness, mindfulness and relaxation. With schools closed and summer break activities cancelled, parents may find it challenging to keep their children physically active. Yoga can help. This belief led us to continue our work online with the special children and teachers took extra care to see that the parent learns and observes their teaching to guide their children. The kids were absolutely thrilled to learn these yoga exercises by their favorite teachers and responded happily. We have inserted some pictures of the kids enjoying their yoga class instructions.

## INDEPENDENCE DAY CELEBRATION



India is celebrating its 74th

Independence Day on August 15, 2020 to commemorate the day when it got its independence

from the

oppressive British Raj after over two centuries of imperial rule and colonization. Every year, Independence Day celebrations are kicked off by the Prime Minister's address at

the Red Fort, followed by parades, patriotic performances and

flag hoisting ceremonies. However, this year on account of the coronavirus pandemic, the celebrations will mostly be televised, with minimal people attending social gatherings and all health and safety measures, ensuring social distancing, will be put into practice.

Our Prime Minister Narendra Modi gave a speech from the Red Fort during the 74th Independence Day recalling of the government's achievements and plans. The Prime Minister spoke at length about India's fight against coronavirus, how it united the country, the clash with China and Atma Nirbhar Bharat initiative. He also elaborated on the plans for the future, including the National Digital Health





# Happy 74th Independence Day



Mission, the New Education Policy, reconsidering the minimum age for marriage for girls and the coronavirus vaccines in the works.

In the words of our President Ram Nath Kovind who emphasized said that Mahatma Gandhi's teaching is the principle guiding our republic and added that it was an occasion to remember the sacrifices of the freedom fighters. President Kovind also congratulated the countrymen on the occasion during his speech on the eve of 74th Independence Day.

"The day is for our youth to feel the pride associated with India's independence," Kovind said.

The president also said that the country was in debt to corona warriors who have risked and even given their lives to protect others. He added that India's fight against the pandemic was an example for the rest of the world.

"By extending a helping hand towards other countries fight coronavirus has illustrated that India is always ready to help others," President Kovind said, adding that the whole world was recognizing the Indian value of considering the world as one family.

Though the children weren't able to attend physically the event the Pathway staff ensured that every child was instructed through online classes about the importance of this great event and different





activities were conducted and the efforts have been portrayed below. We salute the dedicated staff and parents without whose help we wouldn't be able to guide and work with these special wonderful kids. Every staff had various programme lessons laid out for teaching their wards.

This included- Drawing an India Map, creating badges using the flag colour, Learning the national symbols, performing of a skit- UNITY IS STRENGTH, teaching music through the classical song- VANDE MATARAM, Apart from this collage work was conducted, along with drawing and craft activities. In Arts n Craft section the teacher taught them online about the various national symbols. A skit too was prepared regarding Unity as shown in picture format below.



## RECEIVING THE MAHATMA AWARD FOR SOCIAL GOOD FOR THE YEAR 2020

Mahatma award for social good 2020 in Disability and inclusion was presented to Dr Chandra Prasad on January 30<sup>th</sup> 2021 in New Delhi



Mahatma Award for Social Good and its Impact to put a public spotlight on amazing efforts done by Nonprofits, NGOS, Foundations, Charitable Organizations and Social Entrepreneurs to bring about change. The award under this category is aligned with United Nation's Sustainable Development Goals. Mahatma Award recognize and celebrate impact leaders and change makers across the globe, who are making social impact and leading the way to a sustainable

future. Since its inception, the Mahatma Award has honored the most accomplished social and community initiatives within the private and public sector, from sustainability to philanthropy to shared value to corporate social responsibility.

Mahatma Award honor individuals and organizations that leverage their resources, expertise, and talent to make a positive impact for larger good. The Mahatma Award exist to put a spotlight on the most remarkable change makers of our time. The Winners recognized are addressing the incredibly complex and equally severe problems, we face today in our society. Their efforts span global poverty and hunger, disease, education, climate change, disaster response and preparedness and health care accessibility and much more. The Mahatma Award is founded by social entrepreneur and philanthropist Amit Sachdeva, who is also known as the CSR man of India for his advocacy for Corporate Social Responsibility (CSR) Bill in India. The award is hosted by Liveweek Group.

We received a letter which said as follows- On behalf of the Steering and Selection Committee of **Mahatma Award**, let me congratulate you on your entry being chosen for **India Mahatma Award 2020 India**. On behalf of team Mahatma Award, please accept my appreciation for the excellent work you are doing, which is making an enormous social impact.

You have been selected because you have demonstrated excellence and the highest standards of ethical conduct, integrity, civic and social responsibility. As you may know, many other businesses, organizations and individuals were nominated and, because of the high caliber of the nominated individuals and organizations, the Selection Committee deliberated long hours and considered all nominees before making the selection of your entry and other recipients, who stood out as impact leaders and change makers, and exemplify ethical standards and responsible behaviors in these difficult times of Covid-19 pandemic.



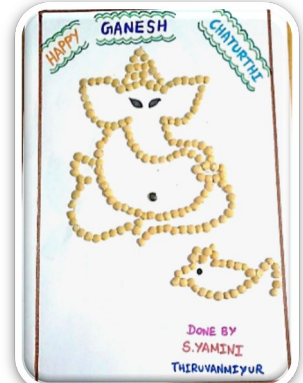
## GLOBAL BEST SOCIAL WORKER AWARD

INTERNATIONAL UNICEF COUNCIL -ACCREDITED BY INTERNATIONAL COUNCIL, USA has conferred the GLOBAL BEST SOCIAL WORKER AWARD to DR CHANDRA PRASAD in recognition of her outstanding excellence,

superior performance and accomplishments in the field of Social Work for the year 2020 and appointed her as **SENATOR** for INTERNATIONAL UNICEF COUNCIL.



## GANESH CHATURTHI



Every year, Ganesh Chaturthi is celebrated in a large way. But this year, due to the coronavirus pandemic, the festival was a low-key affair. Ganesh Chaturthi also known as Vinayaka Chaturthi is one of the important Hindu festivals celebrated throughout India with a great devotion. This festival is celebrated once a year and is considered to be the most important festivals for Hindus. While it comes to the importance of Ganesh Chaturthi, it is celebrated as a symbol of wisdom, prosperity and good fortune. We at Pathway centres celebrated this festival on the 22<sup>nd</sup> August 2020. This day is celebrated as the birthday of Lord Ganesh, the elephant-headed son of Lord Shiva and Goddess Parvati. Lord Ganesh is the symbol of wisdom, prosperity and good fortune.

This festival is celebrated by Hindus with a great enthusiasm. People bring idols of Lord Ganesh to their homes and do worship. The duration of this festival varies from 1 day to 11 days, depending on the place and tradition. On the last day of the festival the idols are taken out in a colorful and musical procession and immersed traditionally in water. As per Hindu mythology Lord Ganesh is considered as "Vigana Harta" (one who removes obstacles) and "Buddhi Pradaayaka" (one who grants intelligence). This festival is very important for students, they worship Lord Ganesh to illumine their minds. The children of all the centres enjoyed doing the various activities pertaining to the festival in the form of making mud idols, drawings etc of Lord Ganesha on online

## STAR OF EXCELLENCE AWARD

**DR CHANDRA PRASAD, CO-FOUNDER PATHWAY CENTRE FOR REHABILITATION AND EDUCATION OF THE INTELLECTUAL DISABLED RECEIVING THE STAR OF EXCELLENCE AWARD**  
at Rajaratnam Kalai Arangam ON 20.03.2021 from the NATIONAL INTEGRITY CULTURAL ACADEMY.





## BEADED LOOM WEAVED NATIVITY BY VOCATION



HAND WEADED BEADED NATIVITY BY OUR SPECIAL HANDS ESPECIALLY  
FOR YOU - CRAFTED WITH PRIDE



Christmas is the time that reinforces the values of giving and sharing. At Pathway centre for rehabilitation, we aim not only to inculcate these values in the children but also help them learn to





implement these in innovative but ecologically responsible ways. Our latest figurine crafted by the children is a prime example of this. The special children at Pathway vocational centre have hand-made a twelve-piece Nativity figure-set which is a brain child of Chandra Prasad the Hony. Director and Co-Founder of this institution. What is different about these particular figures compared to the already existing ones, you may





ask – this entire set is made completely from beads and newspaper. Previously, a similar set had been made but it had been made with only newspaper.

The children, under the guidance of expert team of vocational teachers -Ms Linda, Ms Radha, Ms Porkodi, Ms Priya and Mr Ashirvatham, enthusiastically jumped at the idea of trying something unique and novel. The children's willingness to try something new is commendable. The first set took little over six months for completion. Twenty five number of children were involved in the making of these dolls. The staff are confident that the next sets will be processed quicker – the children are quick learners and are quite proud of their accomplishment – as they rightly should be.

The hand-made nativity scene depicts the scene of the birth of Baby Jesus couple of days after he is born when the three wise men visit him. An angel has announced the birth of infant Jesus to the shepherds who then visit the humble site of his birth – the stable where he is found lying in a manger. This scene comprises of the new-born Baby Jesus, Mother Mary, Joseph, a camel and a sheep in the stable, three wise men, who come bearing gifts and the shepherd. These figurines are all made from and newspaper and clothed with beaded work -partially weaved and partially hand woven. The size of the dolls are around 6 to 8 inches. The clothes for the three wise men are meticulously weaved bead patterns which enriches them to give an exquisite look. The faces are made with paper mâché molds giving them a life-like appearance and each face has its unique individuality that makes it stand apart from the others. Most of the work has been done by inmates which included online partially by the other students due to covid restrictions. We always wait for the final applause and appreciation by our well wishers since there can be no better compliment than that.





## MAHATMA GANDHI 151st BIRTH ANNIVERSARY 2020



*Your beliefs become your thoughts,  
Your thoughts become your words,  
Your words become your actions,  
Your actions become your habits,  
Your habits become your values,  
Your values become your destiny.*  
---Mahatma Gandhi



To commemorate the 151st birth anniversary Mahatma Gandhi, schools and universities across the nation have conducted several activities and events for students and teachers ensuring COVID-19 guidelines are followed. Pathway too has followed the same and conducted the event through online classes.

The children drew drawings, puzzle activities, and learnt through Arts n Craft section too.

Admirers and followers of Mahatma Gandhi across the world shall observe the International Day of non-violence on the occasion of Gandhi Jayanti today. This year, India shall celebrate the 151st birth anniversary of the *Mahatma* (a great soul). Born as Mohandas Karamchand Gandhi on October 2, 1869, he went on to become the 'Father of the Nation' and was fondly addressed as *Bapu*. Gandhi was a firm believer in God and called himself a Sanatani Hindu. He believed in the teachings of the sacred Hindu texts such as the Vedas, the Upanishads and the Puranas. According to '*My Religion* - a book compiled and edited by Bharatan Kumarappa, here's how Gandhi Ji described religion - "It is the permanent element in human nature which counts no cost too great in order to find full expression and which leaves the soul utterly restless until it has found itself, known its Maker and appreciated the true correspondence between the Maker and itself."

## DIWALI



Deepawali or Diwali, is a festival of lights symbolising the victory of righteousness and the lifting of spiritual darkness. The word 'Deepawali' literally means rows of diyas (clay lamps). This is one of the most popular festivals in the Hindu calendar. It is celebrated on the 15<sup>th</sup> day of Kartika (October/November). This festival commemorates Lord



Rama's return to his kingdom Ayodhya after completing his 14-year exile. The most beautiful of all Indian festivals, Diwali is a celebration of lights. Streets are illuminated with rows of clay lamps and homes are decorated

with colours and candles. This festival is celebrated with new clothes, spectacular firecrackers and a variety of sweets in the company of family and friends. All this illumination and fireworks, joy and festivity, signify the victory of divine forces over those of wicked.

The Goddess Lakshmi (consort of Vishnu), who is the symbol of wealth and prosperity, is also worshipped on this day. In West Bengal, this festival is celebrated as Kali Puja, and Kali, Shiva's consort, is worshipped on the occasion of Diwali.



In the South, Deepawali festival often commemorates the conquering of the Asura Naraka, a powerful king of Assam, who imprisoned thousands of inhabitants. It was Krishna who was finally able to subdue Naraka and free the prisoners. To commemorate this event, people in Peninsular India wake before sunrise and make imitation blood by mixing kumkum or vermilion with oil. After crushing underfoot a bitter fruit as a symbol of the demon, they apply the 'blood' triumphantly on their foreheads. They then have ritual oil baths, anointing themselves with sandalwood paste. Visits to temples for prayers are followed by large family breakfasts of fruits and a variety of sweets.



Another story of king Bali is attached to the Diwali festival in South India. According to the Hindu mythology, King Bali was a benevolent demon king. He was so powerful that he became a threat to the power of celestial deities and their kingdoms. And Lord Vishnu came as the dwarf mendicant Vamana, to dilute Bali's power. Vamana shrewdly asked the king for land that would cover three steps as he walked. The king happily granted this gift. Having tricked Bali, Vishnu revealed

himself in the full glory of his godhood. He covered the heaven in his first step and the earth in his second. Realising that he was pitted against the mighty Vishnu, Bali surrendered and offered his own head, inviting Vishnu to step on it. Vishnu pushed him into the nether world with his foot. In return Vishnu gave him the lamp of knowledge to light up the dark underworld. He also gave him a blessing that he would return to his people once a year to light millions of lamps from this one lamp so that on the dark new moon light of Diwali, the blinding darkness of ignorance, greed, jealousy, lust, anger, ego, and laziness would be dispelled and the radiance of knowledge, wisdom and friendship would prevail. Each year on Diwali day, even today, one lamp lights another and like a flame burning steadily on a windless night, brings a message of peace and harmony to the world



Beginning on Thursday, November more than a billion people around the world began the annual celebration of Diwali, the Hindu festival of lights that many consider to be the start of the new year. Typically, the festival is marked by celebrations both at home and in large community gatherings by people of many faiths in both





India and the diaspora. This year, Diwali festivities revert back to more intimate family gatherings coupled with online observances as both countries grapple with the coronavirus pandemic. India, which has reported more than 8.6 million COVID-19 cases and more than 127,000 deaths, is second only to the United States which has more than 10.2 million cases and nearly 240,000 deaths, according to data from John Hopkins University. At Pathway we did celebrate this famous festival inhouse in all our centres. Though it was not in all its finery because of Covid issue we still managed to enjoy in full spirit . They looked forward for their new set of clothes and wore it with greatest pride and joy. The joy is always evident on the faces of these wonderful children . Sweets and a few crackers marked the occasion.

## CHILDRENS DAY CELEBRATION



Every year, November 14 is celebrated as Children's Day with much fervour across India. It commemorates the birth anniversary of the first Prime Minister of Independent India Jawaharlal Nehru, fondly called Chacha Nehru. He was born on November 14, 1889.

The day is dedicated to advocating for children's education as Nehru believed that children were a nation's real strength and foundation of society. To celebrate the day, educational programs are held across the country.

*"The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country,"* Nehru had once said.

### History and significance

Originally, Children's Day was celebrated on November 20, observed as Universal Children's Day by the United Nations. However, after the death of Nehru in 1964, his birth anniversary began to be celebrated as Children's Day in India. Considering his popularity among children, a resolution was passed in the parliament to give a befitting farewell to the first Prime Minister of the country

It is a reminder that every child deserves education, nurturing and the best of everything. They are the building blocks of the nation and hence, the future of the nation depends how well they are brought up. Pandit Jawaharlal Nehru real message was to provide our children with a safe and loving environment in which to grow as well as giving them ample and equal opportunities through which they can take great strides and contribute to the progress of the nation.

Pandit Jawaharlal Nehru was a great person, leader, politician, writer and speaker. He loved children so much and was a great friend of the poor people. He always understood himself as the true servant of the people of India. He worked hard all through the day and night for making this country a successful country. He became the first Prime Minister of the Independent India and thus called as the architect of modern India. India used to celebrate Children's Day in India on 20th November every year before 1956 as the United Nations, in 1954, had declared the day as Universal Children's Day.





But, after the death of India's first Prime Minister Pandit Jawaharlal Nehru in 1964, a resolution was passed in the parliament unanimously to honour to Pt. Nehru declaring his the day of his birth anniversary, 14th November as National Children's Day. Therefore, each year since then 14th November is celebrated as Children's Day in India to commemorate the birth anniversary of the country's first PM.

Nearly every school celebrates this day with various events like quiz, debates, cultural programs like dance, music, and drama. Teachers organize and perform various cultural events for the students. Chacha Nehru always believed that a child is future of tomorrow and hence through drama or play the teachers often on this day communicate to the Children the importance of having a fulfilled childhood to have a country with better tomorrow.

Many schools also celebrate the day by organizing sports events. School teachers often invite children from nearby orphanage or slum to participate with the students of the school together. Such gestures are very welcoming as the children learn to share and accommodate everyone from society with them. Such gestures also instill a sense of equality among students.

Teachers and parents on this day also shower their love and affection towards the child by distributing gifts, chocolates, and toys. Schools also organize various talk shows, seminars where inspirational personalities from various fields like sports, education, cultural and entertainment sector come and deliver motivational speeches to the students. Children are the ones who light up our world, the ones who have the potential to put a smile even on the chronically sad faces, the one whose hugs can melt anyone's heart, whose one wail can cause all the members of a family to panic, and whose innocence give people the hope that the world still is a good place; children are like the ray of sunshine. Without them, this world would be nothing but a dull and boring place!

At Pathway this day was once again celebrated through online. Various activities like drawing, coloring and craft activities were introduced to emphasize the importance of this great day. The pre vocation and vocational group children pooled their resources and created beautiful art pieces which was proudly displayed by them online to their respective teachers. Heap of praises from the staff drew beautiful smiles on their faces. Its so heartening to know that every child was enrolled for theis event and every category did churn out the best inspite of all the odds faced. Their faith in us only resolves



our

motivation to do more for them.

We do believe in the following quote made by our great writer

• **Every child comes with the message that God is not yet discouraged of man. — Rabindranath Tagore**





## WORLD DISABILITY DAY 2020

*"I do not have a disability, I have a gift! Others may see it as a disability, but I see it as a challenge. This challenge is a gift because I have to become stronger to get around it, and smarter to figure out how to use it; others should be so lucky." -Shane E. Bryan*

December 3 is observed as World Disabled Day every year to acknowledge the issues faced by persons with disabilities (PwD) around the world. World Disabled Day is known as "International Day of Persons with Disabilities", the day aims to promote an awareness of disability issues and the



fundamental rights of persons with disabilities.

However, in today's world, disability is not considered as a state of inability. Even the most successful scientist of the modern era, Stephen Hawking, has disabilities. Thus the day is observed every year to inculcate a sense of compassion among all human beings on Earth. On this day, we celebrate the lives of persons with disabilities and salute their determination.

As per census 2001, over 21 million people in India are suffering from one or the other kind of disability. This is equivalent to 2.1% of the population. Among the total disabled in the country, 12.6 million are males and 9.3 million are females.

### World Disability Day 2020: Theme

Each year the UN announces a theme to observe for International Day of People with Disability. The theme for IDPwD 2020 is "Building Back Better: toward a disability-inclusive, accessible and sustainable post-COVID-19 World".

According to the United Nations Organization, "Out of the one billion population of persons with disabilities, 80% live in developing countries. One in every five women is likely to experience



disability in her life, while one in every ten children is a child with a disability. An estimated 46% of older people aged 60 years and over are people with disabilities."

The kids at Pathway missed their usual indoor and outdoor sports and cultural events this year. But they decided to celebrate it online by way of posters and other activities to celebrate this great day.

Their determination and smile aptly proves that they can and they will.

for IDPwD 2020 is "Building Back Better: toward a disability-inclusive, accessible and sustainable post-COVID-19 World". According to the United Nations Organization, "Out of the one billion population of persons with disabilities, 80% live in developing countries. One in every five women is likely to experience disability in her life, while one in every ten children is a child with a disability. An estimated 46% of older people aged 60 years and over are people with disabilities."

We are Vani Rani the twin sister who are studying in PATHWAY SPECIAL SCHOOL.

On this special day we are very much proud to show case our skills from the vocational activities that were taught by our teacher.



 *Vani Rani*



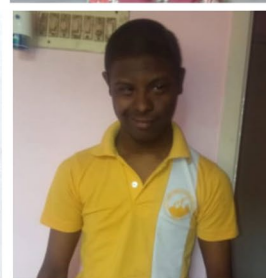


My name is Bharth and I'm a proud student of PATHWAY SPECIAL SCHOOL.

*I'm happy that the teachers found my abilities from my hand work with the help of them I'm able to do more crafts now.*



*We are all a part of God's great big family  
And the truth, you know love is all we need  
We are the world  
We are the children,  
we are the ones who make a brighter day.*



## DR. A D S N PRASAD - COMMUNITY BASED MEDICAL AND REHAB SERVICES



An mou was signed between **DR DATHU RAO MEMORIAL CHARITABLE TRUST and RMD TRUST**, having its Registered Office at 17, Raghaviah Road, T Nagar, Chennai 600017, represented Dr Republica Sridhar. Since our TRUST, is engaged in the activity of providing education to under privileged Children and is having its facilities at Thiruvannmiyur-Chennai, and Melmaruvathur we decided to join hands to provide medical care not just for our children but also the community around.

RMD is engaged in the activity of providing medical and palliative care and is having its facilities at T Nagar, Maduravoyil and Sriperumbudur and is having state of the art hospital to handle patients. The reason for us to choose villages and communities in and around Sriperumbadur taluk was based on the demography. It showed lower socioeconomic group, migration labour, farmers and coolie (daily Wages). The total population to be covered would be 1200 average families in each village. Total would be 2.5 lakhs people.

The survey also showed us there is a lot of Non communicable disease and Children and young adults with special needs are a part of this. These are the majority who are unable to reach for treatment, Rehab or therapy. The Present project has been initiated with minimal intervention as community home based care.

The team is headed by Dr Republica Sridhar who controls the entire operation along with other staff members namely 3 doctors, dentist, community volunteers, community health workers, administrative staff, medical camp co-ordinators and specialized doctors whenever needed along with nurse and driver.

The above said programme was flagged off in December , the 15<sup>th</sup> of 2019. We held a small group meeting to inaugurate the same at the farm centre in honor of our late founder- DR A D S N PRASAD on whose name this Outreach programme has been named. Members of our Trust including the staff from the RMD team participated in the above event.

The month of June the programmes conducted were – Community Awareness for Covid-19, Occupational Health screening, Providing Protective kit and Disinfecting the community Medical screening for Covid-19 was conducted for Migrant workers.

Below are reports conducted monthwise and the different beneficiaries covered over the period.

APRIL 1st 2020 to JUNE 2020 is as follows



MONTH	ACTIVITIES CONDUCTED	VILLAGE NAME	PEOPLE BENEFITTED	CHILDREN / STUDENTS BENEFITTED	STAFF BENEFITTED	NO OF VILLAGE PEOPLE BENEFITTED	HOME VISITS
APRIL 2020	PROVIDING PROTECTIVE KIT/DISINFECTANT ITEMS	PROVIDED DISINFECTANTS TO SOMANGALAM POLICE STATION, NALLUR PANCHAYATH,					
	PROVIDING GROCERIES	PULIANTHOPE, VILLAGE PEOPLE, WOMEN, OLD AGE HOME, SANITARY WORKERS IN T NAGAR, SANITARY WORKERS IN MADURAVOYAL, SANITARY WORKERS IN WEST MAMBALAM,	105				
	DISINFECTING THE COMMUNITY	KAATRAMBAKKAM, AMARAMBEDU PILLAIAPPAKKAM, NANDHAMBARKAM VILLAGE PANCHAYATH	168 FAMILIES			375	6
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	21	10	11		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	20	10	10		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	36	10	26		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	27	10	17		
MAY 2020	PROVIDING PROTECTIVE KIT/DISINFECTANT ITEMS						
	PROVIDING GROCERIES	VILLAGE PANCHAYATH	100 FAMILIES				
	COVID-19 SCREENING	MIGRANT WORKERS	150 FAMILIES			368	10
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	9	8	1		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	27	8	19		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	22	10	12		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	28	9	19		
JUNE 2020	SCREENING FOR COVID-19	PONDUR VILLAGE	61	11			
	SCREENING FOR COVID-10	MIGRANT WORKERS- GUMMIDIPOONDI	20				
	DISINFECTING THE COMMUNITY	PILLAIAPPAKKAM PANCHAYATH	446 FAMILIES				
	DISINFECTING THE COMMUNITY	MANIMANGALAM PANCHAYATH	1974 FAMILIES				
	MEDICAL CARE						6
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	28	10	18		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	26	9	17		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	26	9	17		
	MEDICAL CARE	AGILI VILLAGE FARM / SABIN	17	8	9		
	MEDICAL EMERGENCIES	HEAD INJURY	1				
	MEDICAL EMERGENCIES	DOMESTIC VIOLENCE	1				

The villages covered so far are –

- ❖ SOMANGALAM
- ❖ NALLUR VILLAGE
- ❖ RMD HOSPITAL CAMP
- ❖ PILLAIAPPAKKAM VILLAGE
- ❖ IRUNGATTUKOTTAI
- ❖ KATRAMBAKKAM
- ❖ AMARAMBEDU
- ❖ SCHOOL KATRAMBAKKAM

- ❖ SCHOOL -NALLUR VILLAGE
- ❖ SCHOOL-AMARAMBEDU
- ❖ FOOTWEAR DESIGN& DEVELOPMENT INSTITUTE
- ❖ PERIYAR NAGAR
- ❖ VENGADU VILLAGE
- ❖ KATRAMBAKKAM
- ❖ SUDHANDHIRAMEDU
- ❖ PAMELA MARTINEZ-PATHWAY AGRO FARM-MELMARVATHUR
- ❖ MANIMANGALAM VILLAGE
- ❖ MAPPEDU VILLAGE
- ❖ MANNUR VILLAGE



PROVIDING GROCERIES TO  
PULIANTHOPE  
BENEFICIARIES – 38  
NUMBERS







PROVIDING GROCERIES AND FREE MEDICINES TO PREGNANT WOMEN



PROVIDING GROCERIES TO OLD AGE HOMES - LITTLE DROPS



PROVIDING GROCERIES TO CLEANING WORKERS- T NAGAR





PROVIDING  
GROCERIES TO  
CLEANING  
WORKERS-  
WEST MAMBALAM



PROVIDING  
GROCERIES TO  
CLEANING  
WORKERS-  
MADURAVOYAL



PROVIDING  
DISINFECTANTS –  
SOMANGALAM  
POLICE STATION





## NALLUR PANCHAYATH

SPRAYING DISINFECTANT TO  
 THE COMMUNITY –  
 KAATRAMBAKKAM,  
 AMARAMBEDU PILLAIPAKKAM,  
 NANDHAMBARKAM VILLAGE  
 PANCHAYATH





S. NO	LOCATION	NO OF PEOPLE	REMARKS
1	AMARAMBEDU VILLAGE, SOMAMANGALAM VILLAGE, NALLUR VILLAGE	40 NOS	ALREADY GIVEN
2	PULIYANTHOPPU VILLAGE	35 NOS	ALREADY GIVEN
3	SANITIZER WORKERS	30 NOS	ALREADY GIVEN

## COVID – 19 SCREENING FOR MIGRANT WORKERS











## CHRISTMAS CELEBRATIONS

MAY THE CHRISTMAS SEASON FINISH THIS YEAR ON A HAPPY NOTE  
AND MAKING ROOM FOR A NEW YEAR THAT IS FRESH AND LIGHT.  
SEASON'S GREETINGS TO ALL OF YOU.....

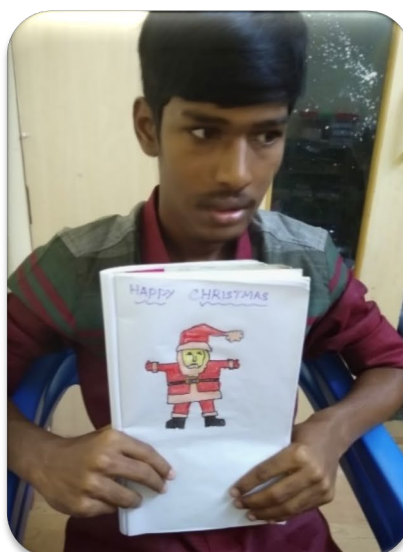
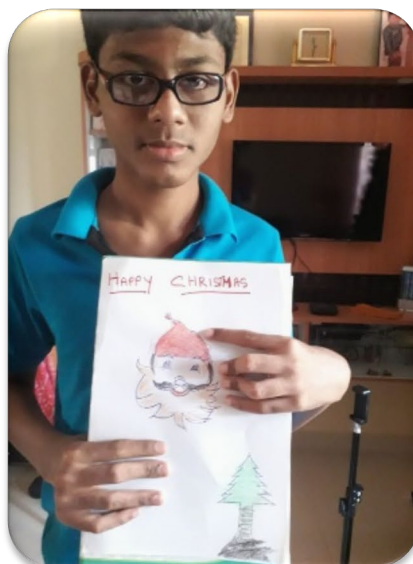
all grateful members of PATHWAY family



NATIVITY SET DESIGNED BY OUR  
AUTISTIC KID - NAVEEN









Every year the month of December is a very awaited month since it brings out in each one of us the best spirit by ringing out the old & ushering of the new year. It is definitely the busiest time of the year where last minute shopping, wrapping gifts and planning the programme takes place.



This is a festival which actually you can feel days before in the air. The whole being of oneself seems to get soaked in helping others and to share the joy & peace one observes in giving than receiving gifts. For children it is the most wonderful season to wear and don new clothes, creating special Christmas cards for their friends & families and to take part in the cultural activity depicting the birth of Christ. This year too has been no different for the children who awaited the great day to bring the joy & peace message to the world in their own special way. All the activities were conducted online. A gist of the following is shown below- Achuthan ,Vasanthakumar and Anandraj dressed up in their best finery and enacted as Kings. Keerthana as a Angel : She wore a beautiful white dress with white colour hand gloves , holding a star in her hand. Kishore made a Christmas Greeting card : He made a beautiful greeting card in the shape of Santa Claus's cap. Sivapandiyan completed decorating the Christmas Tree which



he had learnt from his teacher. Joseph Wesly and Acuthan dressed as Santa Claus. Joseph drew a Santa Claus picture using cotton t Acuthan used a paper plate. Keerthana made a Christmas crib to depict the nativity and Bhuvaneswari made a Candy Stick . It was a real joy to watch the kids immersed in the activity and trying their best to produce results to gladden their teachers hearts. One could observe their tendency of helping their peer group which gladdened many a heart. The true meaning of Christmas could be seen here. The joy was pure and the air around was filled with the beauty of their innocence and smiles. All the children and staff were given Christmas gifts either through their bank accounts, courier or physically for those who could travel.

## PONGAL

Pongal, one of a major Hindu festival is celebrated on the fourteenth day of January every year in the state of Tamil Nadu. For four long days, the festival is celebrated and mother nature and Sun God is worshipped for bestowing food grains and providing energy for agriculture. The word Pongal is derived from the Tamil word 'Ponga'. The derived meaning of the word is "to boil, spillover" or "overflowing." It is said to signify the overflowing harvest in the season, since harvest is usually associated with an abundance of food.





**Pongal:**  
Celebration  
and  
significance  
  
The four  
day festival  
is  
celebrated  
as follows:



- **Bhogi Pongal:** The first day of Pongal is known as Bhogi Pongal. It is dedicated to Indra, the god of the heavens, lightning, thunder, storms, rains, river flows, and war in Hindu mythology. A large bonfire is lit to celebrate prosperity and the end of the winter season.
- **Surya Pongal:** The second day of the festival is dedicated to the sun god in Hindu mythology, Surya. On this day rice is boiled and offered to Surya. Sugar cane, coconut and bananas are also offered in temples. Kolam, a traditional design of the sun god, is drawn in homes.
- **Mattu Pongal:** The third day of Pongal is dedicated to cows. On this day, cows are decorated with beads, bells, corn, and garlands of flowers and worshipped by their owners. Cows are then offered the Pongal sweets and offering set aside for the gods.
- **Kannum Pongal:** The last and final day of Pongal is known as Kannum Pongal. On this day, a turmeric leaf is laid out on the ground with Pongal including sugar cane and seasonal delicacies early in the morning. Sisters pray for the long life and prosperity of their brothers on this day.



This day coincides with Makar Sankranti. The harvest festival falls typically on 14 January. This time the harvest brought great cheer in the hearts of everybody at the Pathway Agro Farm as plenty of rice and vegetables were harvested. These three day long Pongal festival was celebrated with great fun and frolic by the children and staff of Pathway, Chennai, the Pamela Martinez Matriculation School and the Sabin Centre for the differently abled. The wardens, special school staff, Farm staff, Supervisor, Electrician, Plumber, Driver and Hostel staff, teachers are called to participate in the event with their Tools All the children are involved in the spring cleaning of the entire campuses. The drivers are incharge of cleaning their vehicles. In general every body is involved in the above activity.





Though this practice is in everyday life here but this gives a start for a new year ringing in freshness and beauty all round. Special prayer was said by Shalini, and there after the Principal explained about the meaning and concept of these three days significance. The children at the Chennai center had another project to work before the event. They were made to draw, color and cut out the main symbols used in the celebration of Pongal. It

was very interesting to watch the efforts each child took to draw and color at their own pace. A small joint prayer or pooja is organized and the blessings are given in form of puffed rice, fruits, sweets and ofcourse the inevitable goodness of the sweetness of sugarcane. This community act brings people closer and friendships and ties get stronger. Worshipping the tools which offer one's livelihood makes them respect these aids.

The second day, Pongal, is the main day, falling on the first day of the Tamil month Thai (January 14 — 15). Also known as Sarkarai Pongal or Veetu Pongal, it is celebrated by boiling rice with fresh milk and jaggery in new pots, which are later topped with brown sugar, cashew nuts and raisins early in the morning and allowing it to boil over the vessel. This tradition gives Pongal its name. The

moment the rice boils over and bubbles out of the vessel, the tradition is to shout of "Ponggallo Ponggal!" and blowing the sangu (a conch), a custom practiced during the festival to announce it was going to be a year blessed with good tidings. All the children from all the centres joined along with their staff watched setting up



of the clay pot on bricks with wood as the fuel. The sugarcane was a part of their decoration which was used in the form a stand . The children were dressed in their new clothes and the entire farm was dotted with a riot of colors. A bystander could watch the kids bobbing their





heads and chatting gleefully waiting for their principal to say the prayers. Once done all the pair of eyes were focused on the pot waiting for the rice to boil over. The sight of the rice boiling over immediately brought a chorus from children who shouted "Ponggallo Ponggal!" The happy faces smiled gleefully and waited with bated breath to receive the offerings made and ofcourse the best loved sugarcane. Children were busy seated in and around the playground area with their sugarcane pieces in their mouth and their strong teeth skillfully tearing the top layer and enjoying sucking the fresh juice. The excitement was hard to contain. Many a times watching them send an adult back to his memory lane where he or she relives their childhood.



had collected their old clothes and each one had made their own bundles since the first day, Bhogi, is celebrated by throwing away and destroying old clothes and materials, by setting them on fire, marking the end of the old Thai and the emergence of the new Thai. The excitement was definitely on high since they receive new clothes and toys to mark the occasion. The day set off by the girl children drawing kolam decorations in front of their school and dormitory buildings. Everywhere colorful buntings were installed. The buntings waved along with the breeze matching the childrens smiles. Their enthusiasm brought a renewed energy in the adults who thought less of their everyday worries and became a part of the scenario by joining the kids in the festivities.

Once the pongal is ready a Padayal (the offering) is first made. Sharing of the Pongal with friends and relatives follows a few minutes of meditation or a prayer. The children were absolutely excited about this day. The excitement of a festival is always writ with pleasure on their face and this showed in their eagerness to follow any ritual rules like getting up early in the morning and having a shower and donning new clothes. The previous night the kids



The third day, Maattu Pongal, is for offering thanks to cattle, as they help farmer in different ways for agriculture. On this day the cattle are decorated with paint, flowers and bells. They are allowed to roam free and fed sweet rice and sugar cane. Some people decorate the horns with gold or other metallic covers. In some places, Jallikattu, or taming the wild bull contest, is the main event of this day and this is mostly seen in the villages.

During the final day, Kaanum Pongal (the word kaanum means "to view") people visit beaches and theme parks. The children in batches were taken out to visit the nearby bird sanctuary. They were delighted.

At the Chennai centre children were dressed in their most beautiful attire. They all joined together swept the frontage paving way for a beautiful set of harvest images which included a overflowing pot of sweet rice, the



symbol cow which denotes kamadhenu and sugarcane. Their principal Mrs Jeyseeli patiently explained the meaning of the festival . The children listened with rapt attention. To the utmost delight of the children the staff performed a folk dance Every student present there cheered their favourite teacher with beaming smiles. In turn the children enacted the entire harvest festival in dance form using various props so preciously made by their special hands.

This day is a day to thank relatives and friends for their support in the harvest. Although it started as a farmers festival, today it has become a national festival for all Tamils irrespective of their origins, caste or even religion. It is as popular in urban areas as is in rural areas.

## REPUBLIC DAY CELEBRATIONS



We celebrated this particular day with full enthusiasm which included children participating online as well as children at the centre with the staff supporting them. Republic day was celebrated with the same pride at Pathway, Chennai in a grand manner. There was feverish excitement in the children as many of them were ready to present a colorful program. The entire frontage of the



centre was decorated with our national flag and tri color balloons. A beautiful Rangoli ushered and welcomed each one. The children were dressed smartly in white uniform As the children were called to attention, Dhuli Patnaik our President was requested to unfurl the national flag. With this the children, staff and everyone assembled sang the national anthem in unison.

The programme started with a drill using rings as props by the staff. The added value was that the respective class teachers lead the drill with their children. This had brought lot of excitement and each child wanted to give his best. The different colors of the ring depicted the colors of our flag.. The children have always loved donning costumes and act the part of our heroic icons which led them to model their favourite leaders

India celebrated its 72nd Republic Day on Tuesday across the country, albeit in a muted manner due to the pandemic. The annual Republic Day celebrations began today in the national capital under the shadow of Covid-19 and farmers protests. The protesting farmers who are seeking repeal of the contentious farm bills passed last year breached the Delhi borders and entered the capital. The National Flag was







unfurled at Rajpath in the presence of President Ramnath Kovind, Prime Minister Narendra Modi and Vice President Venkaiah Naidu. The Republic Day parade saw a total of 32 tableaux — 17 of various states and UTs, nine of ministries and six from the defence arm — at Rajpath

Delhi Police advised the people to watch the live telecast of Republic Day parade at home due to COVID-19 protocols. Invitees attending parade at Rajpath had to comply with the COVID-19 advisory that included temperature check, use of sanitiser, mask and social

distancing. This time, there would not be a chief guest at the Republic Day parade. Additionally, the route of the marching contingent would end at the India Gate C-Hexagon instead of Red Fort.

There were changes in R-Day parade due to the pandemic as follows -

- ❖ All participants and performers will wear masks during parade
- ❖ Only 25,000 spectators are allowed, including 4,000 general public
- ❖ No shoulder-to-shoulder march with a distance of 1.5m between two persons
- ❖ The parade will only march 3.5 km, earlier the distance was 8.5 km
- ❖ The number of tableaux has been increased to 32. But will not be placed at Red Fort for public display
- ❖ The size of every contingent has been cut short to 96 members instead of 144





- ❖ Mask, temperature check, sanitiser and medical teams at each enclosure
- ❖ Children below 15 years and elderly with co-morbidities will not be allowed
- ❖ The newly inducted Rafale fighter aircraft will feature
- ❖ Week-long 'Bharat Parv' event will not be celebrated
- ❖ Only 4,000 seats for the Beating Retreat ceremony compared with 25,000 earlier
- ❖ No standing spectators will be allowed

In Tamil Nadu the Republic Day celebrations in Chennai included Governor Banwarilal Purohit unfurling the Indian Flag and Chief Minister K Palaniswami giving away medals for gallantry and

## AWARENESS PROGRAMME ABOUT VOTING RIGHTS FOR DIFFERENTLY ABLED

On 15<sup>th</sup> March we at Pathway Centre for Rehabilitation and Education of the Intellectual Disabled conducted awareness programme at our premises. On this day 100 members (Students, Teachers and Public) participated in the same. We conducted drawing competition to create awareness about voting. The voting rights was demonstrated in speech form by the staff. In the afternoon session we conducted a skit which was performed by our school students which showcased the voting rights for the special children. The awareness song was composed by our principal which was shown in form of placards held by students and staff. The programme ended by taking a pledge



THROUGH DRAWING



to see that all the special adults will have 100% voting rights and each one will cast their valuable vote.



THROUGH AWARENESS SPEECH



THROUGH AWARENESS SONG



AWARENESS SONG FOR VOTING RIGHTS  
[DIFFERENTLY ABLED]

தாங்கக்கூடும் உரிமை வந்தது,  
மூட்டு போட வாய்ப்பு கிடைத்தது  
மாற்றத்திற்கான பாய்களை, மூட்டு போட அணுகித்தது  
அரசாங்கம்  
மூட்டுரிமை அளித்த, அருகாங்கத்திற்கு நன்றி,  
நன்றியை தெரிவிக்கிற உயிரினம், போடுவாடு மூட்டு  
நனிநி சிந்தித்தது, அண்ணா தேசத்திலிருந்து  
மித்திரை தெரிவித்தது.  
சேவை மனப்போக்கை உணர் நடந்த தெரிந்ததெல்லாம்.  
சாதி.  
(தாங்கக்கூடும்...)

உரிமையிலிருந்து நிற்க வேண்டாம்  
தேவடியாக செல்லலாம்  
தூண்டு தன்னுடைய வேண்டாம்  
உதவியுள்ளவர்களை எல்லாம்  
ramp-ல் உணர், wheel chair உணர்  
Bowl-ல் அங்கீகரிக்கிற.  
உணர் வேண்டாம், அங்கீகரிக்க வேண்டாம்  
100 சதவீதம் வாக்களிப்போம்.  
(தாங்கக்கூடும்...)





THROUGH DRAMA



TAKING PLEDGE







### THROUGH PLACARDS



## CREATIVE VOCATIONAL WORK - NEW IDEAS OUR CLOTH NURSERY POTS



After the success in making the newspaper nativity and seeing the marvellous work the kids had made the newspaper mats our brain cells started ticking for new ideas. The word ticking made us think of the most obvious for our garden-i.e. low cost Nursery Pots for our nursery.

To cut down the cost for buying the planter boxes or the plastic nursery bags we needed to find a practical low cost solution. After mulling over it for days we happened to surf the Youtube for a cool planter idea, and I came across this gorgeous cement planter tutorial by Cement Craft Ideas. This idea really struck





our fancy because it was a planter made from cement-soaked towels. Sounds kind of odd perhaps but the result is nothing short of amazing, I can assure you. You actually soak the towels in cement then you lay them over an old bucket and let them dry. When they are dry you can paint them in all sorts of exciting colors too!

We were practically thrilled about the know how since we found it was indeed a very practical and safe method to adopt for our special adults vocation. After going through the netire instruction we found that the materials required were only -

- ❖ Quick-dry cement
- ❖ Towels
- ❖ A large plastic bowl (for mixing your cement)
- ❖ Paint
- ❖ A bucket

Cement is an amazing material that can be used for creating almost anything- be it the construction of buildings or creating decorative home decor objects. The same material can be used to create unexpectedly stunning planters for any part of your home or office space or garden including nurseries..

The cement is measured and added with water slowly to form a perfect mixture, neither too thick nor too watery. Care is taken to use a pair of gloves to avoid skin dryness. The consistency depends on how you want your planter to look like- whether peanut butter smooth or with some grainy effects.







Any towel like cloth is wet (old towel, fleece blanket or any other rug) that to turn into a sturdy planter. It is placed in the mixture, turned and swirled in the cement mixture, so that it completely gets saturated with the cement mixture. Once it is fully saturated, you can place it on the desired mold to get a specific shape.

The mold is the most important part as it gives the final shape to the planter.. After the mold is prepared, then the

cement-draped cloth is placed over it to get the specific shape. Now the mold is left in sun for complete drying. Its preferable to leave for a day minimum

Once the cloth draped in cement is completely dry; you can take it out carefully. Now your cement planter is fully ready to add a unique touch to your indoor or outdoor space.

## OUR SAFE MASK- created with pride



COVID-19 spreads mainly from person to person through respiratory droplets. Respiratory droplets travel into the air when you cough, sneeze, talk, shout, or sing. These droplets can then land in the mouths or noses of people who are near you or they may breathe these droplets in.

Masks are a simple barrier to help prevent your respiratory droplets from reaching others. Studies show that masks reduce the spray of droplets when worn over the nose and mouth.

You should wear a mask, even if you do not feel sick. This is because several studies have found that people with COVID-19 who never develop symptoms (asymptomatic) and those who are not yet showing symptoms (pre-symptomatic) can still spread the virus to other people. Wearing a mask helps protect those around you, in case you are infected but not showing symptoms.



It is especially important to wear a mask when you are indoors with people you do not live with and when you are unable to stay at least 6 feet apart since COVID-19 spreads mainly among people who are in close contact with one another.

Your mask offers some protection to you

A cloth mask also offers some protection to you too. How well it protects you from breathing in the virus likely depends on the fabrics used and how your mask is made (such as the type of fabric, the number of layers of fabric, and how well the mask fits).

After going through various official sources from the web we found that the most Recommended masks would be -

❖ Medical procedure masks (sometimes referred to as surgical masks or disposable face masks)



❖ Masks that fit properly (snugly around the nose and chin with no large gaps around the sides of the face)

❖ Masks made with breathable fabric (such as cotton)

❖ Masks made with tightly woven fabric (i.e., fabrics that do not let light pass through when held up to a light source)

❖ Masks with two or three layers

❖ Masks with inner filter pockets

The above led us to incorporate it into our vocation to make as many masks possible and help not just our own Pathway group but also people in our neighbourhood, community and the most needy who couldn't afford to buy one. We felt it as our responsibility to supply the above as a token of love for those in need. We are

proud to say that we have so far we have made and distributed above two thousand to rural and urban areas in Tamilnadu

The method below was adopted for making our face mask.

#### MATERIALS REQUIRED:

COTTON CLOTH, LINING CLOTH, ELASTIC, DIFFERENT COLOUR THREADS, SEWING MACHINE, TAILOR'S SCALE AND MARKER.

#### METHOD:

1. Cut two layers of 9"x7" cotton fabric and one layer of 9"x7" non-woven interfacing
2. Cut two 6" pieces of elastic (Note: Tubular elastic is best, but 1/8" elastic also works.)
3. Stack the layers of fabric, with face of the fabrics facing each other and the filter layer on top
4. Insert elastic between the top and lining layers 1/2" from top on the short sides, then pin
5. Stitch both short sides with 1/2" seam allowance
6. Sew top seam at 1/2" seam allowance
7. Center nose piece in top seam allowance and stitch down
8. Pin bottom, leaving 2-3" open at center
9. Sew both sides of bottom from one part of seam to the pin and back stitch. Make sure not to pin the center gap
10. Clip all 4 corners at an angle without cutting the stitch lines
11. Turn right side out
12. Pull corners out so mask forms a rectangle
13. Fold bottom opening in to the same point as seam allowance
14. Press all 4 sides
15. Fold in half (top to bottom) then press
16. Fold with top and bottom meeting at the center fold, then press
17. Start from top and take press fold to halfway to the next fold line and pin. Continue for all 3 pleats, then press with iron
18. Sew 1/4" top stitch around the entire mask, making sure to close the bottom opening
19. Press pleats

Our face mask had the following advantages-

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape



## OUR HUMBLE ECO - FRIENDLY COCONUT



We at our farm have plenty of coconut trees both hybrid and the original variety. Though we have utilized every part of the tree for some reason or the other but the coconut shell was not used in our vocation area under handicraft section. We believe that every natural source

nature has provided can be used for comfort of man without upsetting the ecological balance if properly used. Being a residential centre both for the normal and and special adults our consumption of the coconut is pretty high. Seeing the wastage of the shells being heaped in a pile and further getting decomposed to become a part of the soil we decided to act on it. As usual the internet became our saviour. After much reading and viewing various videos we gained the basic knowledge of treating the coconut shell for our craft work.

The following are the steps followed by us for preparing the basic shell of the coconut to convert it into a beautiful decorated bowl to be gifted to dear ones, friends or families. Each shell talks volumes of work spent to create and bring out the best in our creativity matched by special hands with greatest pride.

**Drain Your Coconut** - The first task will be to punch a hole through the outside of the coconut to drain the fluid from inside of it. Once you've made a hole, place the coconut, drainage hole down, over a container whose mouth should be smaller than the circumference of the coconut. You can leave it to drain on its own. You will know the coconut is completely drained when fluid stops trickling out, and when the coconut no longer makes a sloshing noise when you shake it.





**Mark and Cut the Coconut** - The next step is to draw a line with your marker around the circumference of the coconut, either dividing it in half or at whatever proportions you prefer your bowl to be. Remember that the half with the hole in it will be unusable as a bowl, and should probably be the more shallow of the two halves. To get an even line, I recommend standing a ruler on its end, with the coconut on a flat surface, and making a series of marks at the same height, then connecting these with a solid line.

**Hollow Out the Coconut** - Once you have the two halves separated, a good trick I read for loosening up the meat of the coconut for removal is to pop the bowl-half into the microwave. Two minutes should be sufficient; it will be quite hot when you take it out, so use caution, and give it a few minutes to cool down again before proceeding to the next step. The way to accomplish this is to score across the diameter of the fruit with your box knife, creating pie slice-shaped sections. You can then wedge the tip of your spoon between these and the shell of the nut, and pry them loose in more or less whole chunks. Ideally, the membrane between the meat and the shell will come off with them, leaving the inside of the shell bare; it should have a rough texture and look like tightly-packed plant matter.

**Sand Out the Shell** -To finish off the texture and prepare the bowl for lacquering/waterproofing, take a 6x7 rough-grain sheet of sandpaper and tear it into quarters, then fold one of these smaller sheets double. Sand down the inside of the bowl until it feels smooth and there are no loose bits of coconut "hair" when you run your fingers over the inside. Do similarly with the outside, which will take more time and require a second sheet of sandpaper, since there is a lot more "fuzz" to remove. I would suggest also sanding down the rim of your bowl.



**Finished Coconut Shell Bowl** -Brush some coconut oil (or your lacquer of choice) on both the inside and the outside of the bowls.

**The Decorative Touch** – Our brainchild here was to use the paper Mache which we had used to make our nativity dolls. The biggest challenge was how to make the special hands create the most intricate designs on these bowls. An idea struck us and that was to use the silicon mould designs used for cakes and other projects. This led us to scour the internet and finally we ended up buying some





designs which we were nervous to use in the beginning. Repeated use of the same allowed us to finally bring out designs which would ideally suit our work. Trials and errors are always a part of our learning. It took us two months to perfect the designing and finally we were able to make the kids do the same with proper instructions. A close watch was kept while the designs were drying in the mould and the removal process. The designs that eventually were carried out were breath taking and the fragileness of the same was unbelievable. We were happy with our results and finally the last step was accomplished by sealing the décor with a sealant or water proofing it

**Waterproofing** - This step is accomplished depending because bowl was intended to be decorative . The lacquering step makes it look much nicer and has a similar effect to "staining" the wood. For full waterproofing, we used five or six coats, possibly more of clear varnish spray. Each coat was applied once the previous one has dried.

## CFBP-JAMNALAL BAJAJ AWARDS FOR FAIR BUSINESS PRACTICES-2019-2020



The Jamnalal Bajaj Awards for Fair Business Practices is a significant milestone that recognises and commemorates businessmen and industrialists who uphold the highest ethical practices in business. Constituted in 1988, these Awards are judged on eight vital parameters, including customer satisfaction, employee motivation, environmental

protection and corporate social responsibility, among others. Each year, the Awards are presented to the manufacturing enterprises, service organizations as well as trade and distribution and charitable associations who have made significant efforts in promoting Fair Business Practices and demonstrated high standards of integrity in their business dealings, thereby helping to promote the interest of consumers. The Awards set a benchmark in the Business Sector as CFBP is a brand that evokes credible recognition. Our application was shortlisted for the council for fair business practices and we were invited to give a power point presentation lasting for ten minutes before the Panel of judges followed by clarifications if any. The panel was to be headed by **Ex-Delhi HC Chief Justice Mr. Justice Ajit P. Shah**. We were requested to attend



*the meeting scheduled at 2:25 p.m. on 6<sup>th</sup> March, 2020 at the Board Room of Bajaj Group, Mumbai – 400 021.*

We attended the meet at the given scheduled time and returned the same day back to Chennai.

On the 9<sup>th</sup> of March 2020 we received the following letter from the Bajaj group....(some excerpts of the same...)

Dear Dr.Prasad,

CFBP JAMNALAL BAJAJ UCHIT VYAVAHAR PURASKAR - 2019-20

CONGRATULATIONS !

We are glad to inform you that the Panel of Judges, in its meeting held on 6<sup>th</sup> March, 2020 has selected your organisation for receiving a Trophy for 2019-20 in the Category of Charitable Association.

The Awards shall be presented at a glittering function scheduled to be held on Friday 27<sup>th</sup> March, 2020 at 5:30 p.m. Walchand Hirachand Hall, Indian Merchants' Chamber, Churchgate, Mumbai – 400 020.

Mr. Rajnish Kumar, Chairman, State Bank of India is the Chief Guest for the Awards Function along with some distinguished guests.

Thanks and regards,

Swapnil Kothari  
President  
Committee

Vineet Bhatnagar  
Chairman, Awards

After the pandemic situation ceased a bit we were invited to receive the award physically in Mumbai on the 1<sup>st</sup> of December 2020. We are indeed grateful and honored to have received this award.



## TERRACE GARDEN

*“A garden is the purest of human pleasures, it is the greatest refreshment to the spirits of man...”  
Francis Bacon said in his “Of gardens” essay in the 16th century.*

The **benefits of gardening** are numerous! The garden with its aroma and the lush green gives a pleasant feeling to anyone especially if one is living in the city. It also becomes a physical exercise for the children. Right from the mixing of the potting soil to harvesting of the yield is done by the children. The joy in each child's face is priceless as they harvest the fruit of their labor.

- ✿ There are some obvious reasons why gardening is good for your health and well being, like:
- ✿ getting physical exercise,
- ✿ being in fresh air,
- ✿ getting sunlight (vitamin D),
- ✿ being in an aesthetically pleasing natural environment,
- ✿ having nourishing connection with earth and nature,
- ✿ having something to take care of – growing little seed into a mature plant,



- ✿ improving dexterity in the hands from picking little pesky weeds or sowing tiny seeds,

- ✿ consuming your own flavorful and nutritious fresh fruit and vegetables,

- ✿ growing your own herbs to take care of common health ailments.

- ✿ Garden Benefits

- ✿ Gardening activities help to increase fine and gross motor skills, body awareness, and motion

- ✿ Connecting children with each

other: Gardening encourages one-on-one interaction

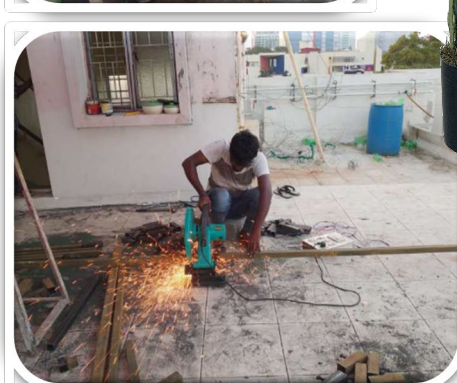
- ✿ Gardening is an equalizer - children learn that despite their different abilities, in the garden they have more in common with each other than they may have realized

- ✿ Provide a calming connection to nature and the broader world

- ✿ The garden can be a great getaway from a rigid classroom and structured therapies and can provide an opportunity to have fun

- ✿ Plants are a great way to get kids familiar with different textures and scents of plants in a controlled manner

- ✿ Gardening with children who have special needs is indeed a very rewarding experience. Creating and maintaining the ornamental plants and vegetables, plants has long been recognized as being therapeutic. Over these years of experience we feel that it is a tool to help these special children to develop necessary skills and in turn enjoy the fruit of success not just by money but also by being in nature. Their motor skills have improved, working in a





group has increased their social and personal skills which has culminated in further self confidence building.

- ✿ Basically there are plenty benefits to health and environment which include
- ✿ Reducing the indoor temperature by 6 to 8 degree
- ✿ Reducing overall heat absorption of buildings
- ✿ Terrace garden also helps in retaining the rainwater thus helping in rain water harvesting.
- ✿ Able to produce pesticide free healthy greens and vegetables
- ✿ Providing a regular physical exercise clean fresh air and proximity with nature
- ✿ Bringing down sound pollution and a beautiful haven for birds to nest
- ✿ The only disadvantage of terrace garden is --It requires labour to maintain

We have also observed that the children have shown less aggressiveness and reduced stress and tension.

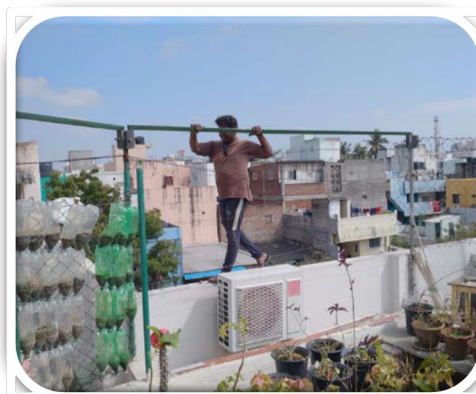
Our terrace garden has withstood 2 cyclones and heavy rains, it was time to renovate the garden setup.

Before starting the work, the plants were shifted to a new place.

With the help of the children and staff the project started with purchase of the iron pipes, paints and welding electrodes were purchased.

The shade net and the chain-link mesh were removed. The existing poles were cut at the equal height and is grinded smoothly without and sharp edges.

An inter-locking setup was designed, a 2" channel is cut in 4" length. A small hole is drilled and a 12mm nut is welded on to that piece. similarly, more





pieces were made and are welded to the poles vertically.

The 1 ½” pipe were cut by measuring the distance from one pole to the other and are cut with the same measurement. A 4” piece was cut from the same square channel and are welded on both the ends of the square channel. Then the welded 1 ½” square channel is fitted on to the poles. Once all the poles are fitted in their respective places.

Then the poles and square channel are painted with metal oxide to prevent it from rust. Then two layers of paint is applied for all the iron materials.

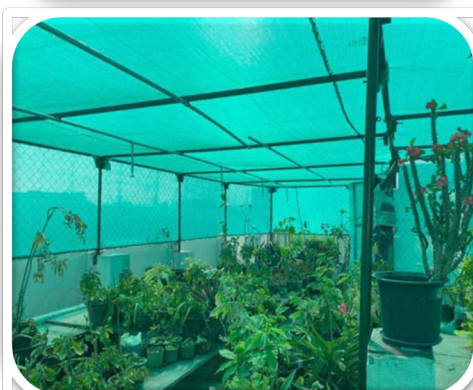
The sides of the nursery are covered with a chain link mesh to reinforce rigidity and as a safety for the children. To cover the top and sides a 75% shade net is used to prevent the plants from direct sunlight. The total

length of the garden is measure and the pieces of the shade net is stitched together. The stitched shade net is then put on top the nursery and is locked on the top and sides using nylon cable ties.

Then nursery water irrigation system was upgraded to a mist sprayer. Small ring are welded in running length and the water pipes are passed inside the rings. At equal spacing a tee joint is introduced in between the water pipes to fit the four-way mist sprayer.

The plants are arranged in their respective places and the newly installed watering

system is turned on to check it full functionality.



Nothing would have been possible if the special kids had not been so keen to help and be a part of the project. Their care, understanding and love indeed motivates us to do more. Their happiness expression in completing their nursery project can only be felt.

## VOCATIONAL - JOB TRAINING & PLACEMENT

NO. OF JOBS	TYPE OF SKILL	LOCATION
WEAVING	25	CHENNAI
CLEANING & HOUSEKEEPING	10	CHENNAI
SECURITY	1	CHENNAI
MEDICAL UNIT	1	CHENNAI
JEWELLERY UNIT	15	CHENNAI
BAKERY	10	CHENNAI
HANDICRAFTS	10	CHENNAI
PAPER MACHE	15	CHENNAI
GARDENER	2	CHENNAI
HELPER	5	CHENNAI

To meet the employment challenges of the disabled, Pathway offers the following jobs to its students:

Over the years, Pathway has developed some long term, time-tested relationships with certain companies, organizations, and individuals who have consistently supported the Center and its endeavors to rehabilitate and employ its students. Additionally, many small businesses and individuals regularly buy services from the Center's printing, handicrafts, jewellery making and bakery facilities.

## MEDICAL UNIT- PRECAUTIONERY MEASURES TAKEN TO MINIMISE COVID-19



Being an entire lockdown period the medical centre extended its services to the inmates for their safety. The below given statistics are from the last financial year. Pathway's medical programme is a comprehensive and continues to grow. Established 35 years ago in a rented building in the slums of Thiruvanniyur, Kamaraj Nagar, the medical centre is committed to providing care for both Pathway patients and poor communities within Pathway's reach.

- ❖ Medical centre began with a modest grant from the Drawings & Sponsorship EMMAUS of Switzerland
- ❖ Established under the direction of late Dr. V. Shankaran, Professor of Surgery (Retd)
- ❖ Now located within the Pathway Centre building in Thiruvanniyur, with funding from :
- ❖ Judge William Sheffield, USA
- ❖ Mr. Jean-Luc and Mrs. Carole Butel, USA

On average over 3,505 patients are treated every month at the medical facility:

- ❖ Nearly 1,577 are men.
- ❖ Over 1,928 are women and children



The medical centre runs now with the help of three visiting doctors namely- Dr Shameeza Quathoon, Dr. N Jagannathan and Dr. Manoprakash. The medical centre has the following capabilities: Total number of cases treated is : 42059 Men : 18,927, Women and Children : 23,132

#### OUR MEDICAL DOCTORS WORKING DURING COVID PERIOD



GARBAGE CLEANING  
EXECUTED EVERY  
SECOND DAY DURING THE  
LOCKDOWN PERIOD

↓ SPRAYING OF MEDICINE  
DONE EVERY WEEK  
DURING THIS PERIOD



The other measures taken were the following -

1 Staff and children staying in our centre have been educated to prevent spread of COVID-19 by giving the following instructions such as-

- Clean your hands often. Use soap and water, or an alcohol-based hand rub.
- Maintain a safe distance from anyone who is coughing or sneezing.
- Wear a mask when physical distancing is not possible.
- Don't touch your eyes, nose or mouth.
- Cover your nose and mouth with your bent elbow or a tissue when you cough or sneeze.
- Stay home if you feel unwell.
- If you have a fever, cough and difficulty breathing, to report immediately

2. Wearing of masks

3. Proper use of sanitisers
4. Teaching and online classes conducted on the above
5. Physically training the kids to make their masks with proper instructions
6. Discussed the advantages of not meeting and shaking hands with anyone
7. Looking into their personal hygiene and safety
8. All therapies are being conducted online for the kids
9. Conducting daily visit by medical doctors, checking their temperatures and bp. Instructing parents of day care children to avail our medical facilities.
10. Provisions and monetary assistance given to all our day care and temporary custodial kids
11. Any kind of emergency and help can be reported to the concerned staff and immediate action taken on that.
12. The centre also has enrolled all the children irrespective of ages in government Insurance scheme known as NIRMAYA for a period of April 2021 to March 22
13. Corporation has been instructed to spray medication outside the building and wash rooms, corridors etc every week
14. Garbage refuse is collected everyday by the corporation
15. Maintenance and cleanliness is maintained on daily basis
16. Fresh food is supplied daily, vegetables are ordered every week and provisions for a month.
17. No refrigerated food is offered to any one
18. Phone facility is offered and Counselling is done by their special educators
19. To keep them active online classes are being conducted
20. Therapeutic work like gardening, TV, bakery and handicraft making is introduced with proper instruction



GENERAL MEDICAL CONSULTATION	DRESSING AND INJECTION AREA	PEDIATRIC CARE	PHARMACY
MINOR SURGICAL PROBLEMS	PSYCHIATRIC OUT PATIENT CARE	MEDICAL STORE	TREATMENT ROOM

CONDITION	NO. OF CASES	CONDITION	NO. OF CASES	CONDITION	NO. OF CASES
ACCIDENT	1648	EYE INFECTIONS	1120	GASTRIC CONDITIONS	4270
CARDIAC	1112	FEVER	5686	GYNIC	1200
EAR/THROAT	1275	FRACTURE	1109	INFECTIONS	9805
DIABETES	1320	MALARIA	1252	INJURY	1198
RESPIRATORY INFECTIONS	3450	SKIN	1484	TYPHOID & OTHERS	1184
DYSMENORRHOEA	642	ARTHRITIS & ORTHOTIC	1342	MYALGIA	1600



## CHENNAI STAFF

Pathway currently employs a total of 48 staff members at the Chennai centre, plus 4 honorary experts

STAFF	N O.	STAFF	N O.	STAFF	N O.
SPEECH PATHOLOGIST & AUDIOLOGIST-part time	1	ASSISTANT TEACHERS	3	HELPERS	5
PEDIATRICIAN	1	OCCUPATIONAL THERAPIST	1	CLEANERS	3
PHYSICIAN, SURGEON	2	YOGA INSTRUCTOR	1	ACCOUNTANT	2
DENTIST	1	PHYSIOTHERAPIST	2	PUBLIC RELATION OFFICER	1
NURSE	2	VOCATIONAL INSTRUCTORS	4	WATCHMAN	1
MEDICAL/DENTAL ASSISTANTS	2	BAKERY ASSISTANT	1	DRIVERS	2
SPECIAL EDUCATORS	13	WARDEN	1	COOK	2

## TRAINING OF PARENTS

The institution regularly conducts training programme for the parents in the various aspects of rehabilitation. Parents are encouraged to join various programmes of the centre and work with the special children with special needs. They are also given opportunities to join as regular staff in various programmes for the children and adults of the centre. Groups of parents who have expressed their willingness to work are encouraged to assist the day care programme in several ways. We have conducted three parents teachers meet over this year

## SELF HELP GROUPS OF PARENTS

“The parent's association of Pathway” has successfully formed 'Self Help Groups' (SHG) . These groups consists of parents of Intellectually disabled children and adults of the centre. The intention of the organization to form such group was to energize and empower parents to take lead in helping their children in various projects drawn by the organization. The organization has ambitious programme for the SHG in organizing sales of various products made by the organization, involving children and parents of the children, so that the SHG can work towards economic emancipation of their wards.

## TRAINING THE TRAINERS





special group of children and adults braving all the challenges. Recognizing this group only further motivates them to give their best .

## PATHWAY NAME BOARD (LOGO)



During the past few years in Chennai - nature has played havoc in different forms like flood, cyclone or extreme weathers. This has led our name board to be affected which has been mounted on top of the building. Several attempts were made to rectify

the same by using professionals in the field. But unfortunately we were unable to do so. The name board had become an eyesore and we felt a bit helpless.

Eventually we decided to take the matter in our hands and with consultation of Megha our farm manager we decided to refurbish it on our own. The special children were delighted since it meant a new vocation to them and they were eager to help in anyway possible. The pictures of them helping say a thousand words. Their smiles and determination was the best motivation factor for us.

The name board which was dismantled from the top of the building and was brought down to the terrace. All the letters were dismantled from the mainframe. The rusted metal pieces were sanded and were painted with metal oxide and two layers of white paint was further applied on it

The dismantled alphabets “PATHWAY” was painted with two layers of red color spray paint. The painted pieces were left to be dried off.

The old neon glass tube tubes were replaced with the latest 5 meter 12-volt neon LED flex strip lights. The LED flex lights is fixed along the inside border of the alphabets. The process was repeated for all the other alphabets too.





A 12-volt power supply was used to power the LED lights. All the positive leg of the led lights were connected to positive terminal and the negative leg of the LED were

connected to the negative terminal. The assembled board after a hectic ten days work was then lifted up and fitted back in its place again. The board boasts of a beautiful new look which is visible to any onlooker from a great distance.

## OUR FOUNDER'S DAY



Prasad's contribution in the service of the disabled has been many fold. As an young man of 21 years when he started Pathway in a humble circumstances in a rented building he started serving children with mental retardation and cerebral palsy as inmates. Perhaps Pathway was the only centre available at that time apart from another facility that was admitting children through police and courts. Right from that time Prasad was able serve children single handedly with various other problems that included speech and hearing problems, autism besides mental disability. On an average over 100-120 children were being assisted by

him directly every day, where he used to spend his time administering therapy and total care. For years from April 1975 till 1985, Pathway was run entirely from his personal contribution. At today's costs the expenses were anywhere around 2 Lakhs per month. His monetary contribution would be around Rs.2 Crores at today's costs. In addition to serving children with disabilities in the centre Prasad fanned out to different cities and districts of Tamil Nadu and Andhra Pradesh and conducted diagnostic and rehabilitation camps for the disabled, hundreds of children with various disabilities were examined and offered intervention programme. Right from that day till today Prasad has been serving children with poverty and disability free of cost. After 1984-85 Pathway started soliciting support from individuals, organizations and government More than 46000 children have been examined by Pathway over the years and nearly 35,000 children with various disabilities have been assisted. The Centre opened its door in offering primary medical care to the neighboring poor men, women and children, till now over 5.3 Lakh adults and children have been assisted with medical, pediatric and dental care. In addition to this Pathway has also initiated primary literary programme



for poor slum children, every year the organization assists over 150 children in their everyday studies offering them free tuition and other support.

Prasad with the aid of munificent support received from highly loyal and committed donors established a large Agro farm for Children in a large agricultural tract of land about 90 Kms from Chennai. This agro farm is one of its kind that offers top notch facilities for the integrated education and rehabilitation of able and disabled children and adults. The organization has constructed large well planned buildings to offer high class education for orphan, destitute and poor children.

Disabled friendly buildings have been built to offer services to the disabled, without any bias to their religion caste or any other consideration. This facility is offering support for nearly 300 children and adults every day. In addition to this Pathway has initiated community based rehabilitation programme ( CBR) in several villages serving scores of disabled children and adults with various disorders, right at their door steps.

Prasad right from the beginning has been challenged with health issues, he as a student in the ALL India Institute of Speech and Hearing met with an accident when he suffered considerable injury to his face , jaws and teeth, which caused continuous and chronic issues. He also underwent a surgery to correct an anomaly in his coccyx. When he was 22 years old he was diagnosed to have had Psoriasis and this became a huge and dreaded challenge for him life along. Drugs such as high dosage of steroids used caused irreversible problems all his life, at the age of 43 years Prasad developed bilateral cataract, he developed severe osteoporosis leading to four fractures in his spine, severe endocrinal disorder. He also developed obesity, diabetes and hypertension. His weight from 65 Kgs increased to 110 Kgs. As he was receiving high dosage of steroids he developed severe problems in immunity, leading to constant abscess formation that required repeated surgical intervention. His challenges continued with detection of cancer in vocal chords which required immediate micro laryngeal surgery with radiation. ON top of all this now Prasad has been diagnosed with cancer In his bladder that require immediate major surgery that was being performed at the Cancer Institute. Prasad has won several state, national and international awards for the services rendered to disabled. He received the Japanese SIVUS Award for Exceptional Services for Mentally Disabled, The Tamil Nadu Government awarded best institution awards for Pathway's services and Prasad received national award from Prime Minister A B Vajpayee for outstanding services rendered to the disabled. In addition to this he has received many other awards from national and state bodies for the services rendered towards the disabled. Prasad was a visionary leader who left a legacy of service. He was anxious to find and serve the poorest of the poor in any way he could and inspired those around him to do the same. Today it is six years of his leaving this earthly abode. We want to pay respect on his birthday which we usually celebrate as PATHWAY EXCELLENCE AWARD DAY. But due to this pandemic period we have celebrated inhouse and paid our respects and gratitude to this most wonderful and gentle soul whose image is etched in so many especially the special children. Some excerpts of the same have been shown.



## AWARDS



Pathway has received numerous awards and prizes from various sources and institutions over the years:

🏆 DR CHANDRA PRASAD, Co-Founder Pathway Centre For Rehabilitation and Education of The Intellectual Disabled receiving **the STAR OF EXCELLENCE AWARD** at Rajaratnam Kalai Arangam ON 20.03.2021 from the NATIONAL INTEGRITY CULTURAL ACADEMY.

🏆 THIS YEAR, **MAHATMA AWARD FOR SOCIAL GOOD 2020** IN 'DISABILITY AND INCLUSION' was presented to CHANDRA PRASAD, Co-Founder And Honorary Director of Dr.Dathu Rao Memorial Charitable Trust, On 30th January 2021.by Amit Sachdeva, Founder of Mahatma Award

🏆 **CERTIFICATE OF APPRECIATION** FOR PATHWAY-SABIN CENTRE for rendering unparallel service to Differently Abled during pandemic period of COVID 19

🏆 INTERNATIONAL UNICEF COUNCIL -ACCREDITED BY INTERNATIONAL COUNCIL, USA has conferred the **GLOBAL BEST SOCIAL WORKER AWARD** to DR CHANDRA PRASAD in recognition of her outstanding excellence, superior performance and accomplishments in the field of Social Work for the year 2020 and appointed her as **SENATOR** for INTERNATIONAL UNICEF COUNCIL.

🏆 Our organisation has been nominated for receiving a Trophy for 2019-20 in the Category of Charitable Association from **CFBP JAMNALAL BAJAJ UCHIT VYAVAHAR PURASKAR - 2019-20**

🏆 The **NATIONAL AWARD FOR THE EMPOWERMENT OF PERSONS WITH DISABILITIES** in the category of BEST INDIVIDUAL – PROFESSIONAL FOR THE YEAR 2019 is conferred on DR. CHANDRA PRASAD for her achievements.

🏆 Receiving the **MAHATHMA GANDHI AWARD** on Oct 1st 2019, on the 150th Anniversary of our Father of the Nation for **SOCIAL GOOD**



🏆 The Global Peace University has conferred the HONORARY DOCTORATE in the degree of - DOCTOR OF SOCIAL WORK on CHANDRA PRASAD on the first of September 2019.

🏆 **BEST SOCIAL WORKER AWARD** conferred on CHANDRA PRASAD in the year 2019 by the Hon'ble Chief Minister Mr Edappadi K. Palaniswami, Govt. of Tamilnadu

🏆 On 19th January 2019 the Kancheepuram District Self Financing School Association honoured our school in the –THE FIFTH AWARDS CEREMONY' for hundred percent result for the tenth standard for the year 2017-2018

🏆 Bharath Jyothi Excellence Award conferred on CHANDRA PRASAD IN THE YEAR 2018 by the National Integrity Cultural Academy under Global Achievers Council

🏆 Social Award on 107<sup>TH</sup> Birthday Anniversary of MOTHER TERESA by Justice S Rajeswaran and Justice M V Muralidharan of Madras High Court conferred on CHANDRA PRASAD in the year 2017

🏆 GODFREY PHILIP Social Bravery Special Award conferred on A. D. S. N .PRASAD in the year 2013

🏆 THE PROFESSOR RAMESH K OZA Oration Award conferred on A. D. S. N. PRASAD in the year 2013

🏆 “Best Employee” awarded to one Pathway employees – Hon'ble Social Welfare Minister, Government of Tamil Nadu, 2013

🏆 "The Noble Soul Award" - Award of Excellence in the field of Social Responsibility & for Valuable Support presented by Sathyabama University on 7th December 2013

🏆 Pathway Centre for Rehabilitation & Education of Mentally Retarded was awarded " –The Best Institution for the Disabled for the year 2009-2010 by the Hon'ble Chief Minister of TamilNadu, - Mr. M. Karunanidhi

🏆 “MCDS-Award for a couple rendering exceptional services to the disabled” awarded to - Mrs Chandra Prasad and A D S N Prasad, 2007. Award consisted of cash award, plaque and a citation handed over by Hon'ble Shri Surjit Singh Barnala, Governor of Tamil Nadu, in the presence of many distinguished persons including Mr. Devarajan, Managing Trustee of MCDS.

🏆 Award for “Services Rendered to the Mentally Disabled” –Council of Parent's Association of the Mentally Retarded, Chennai, 2002

🏆 “Vocation Excellence” award to A.D.S.N. Prasad for his services to the disabled –Rotary Club International, 1999

🏆 1998 award for “Most Outstanding Institution in India Serving the Disabled” and “Most Outstanding Employer of the Disabled in India” –Hon'ble Prime Minister of India, Mr. Atal Behari Vajpayee, (awarded in 1999)

- 🏆 “Best Institution Serving the Disabled”  
– Hon’ble Chief Minister of Tamil Nadu, Ms. J. Jayalalithaa, 1995
- 🏆 “Best Employer of the Disabled”  
– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995
- 🏆 “Best Employees” awarded to two Pathway employees  
– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995
- 🏆 “Exceptional Contribution for Services to People”  
– Government of Karnataka, 1995
- 🏆 “Services Rendered to the Mentally Disabled in India”  
– Japanese SIVUS Council, 1993